

# PAI

## Individual Abuse Prevention Plan (IAPP)

### Instructions and requirements:

This program is required to establish and enforce ongoing written individual abuse prevention plans as required under Minnesota Statutes, section [626.557](#), subdivision 14 and section [245A.65](#), subdivision 2 (b).

Development and review of the plan: An individual abuse prevention plan shall be developed for each new person as part of the initial individual program plan or service plan required under the applicable licensing rule. The review and evaluation of the individual abuse prevention plan shall be done as part of the review of the program plan or service plan. The person receiving services shall participate in the development of the individual abuse prevention plan to the full extent of the person's abilities. If applicable, the person's legal representative shall be given the opportunity to participate with or for the person in the development of the plan. The interdisciplinary team shall document the review of all abuse prevention plans at least annually, using the individual assessment and any reports of abuse relating to the person. The plan shall be revised to reflect the results of this review.

Plan contents: The plan shall include a statement of measures that will be taken to minimize the risk of abuse to the vulnerable adult when the individual assessment required in section 626.557, subdivision 14, paragraph (b), indicates the need for measures in addition to the specific measures identified in the program abuse prevention plan. The measures shall include the specific actions the program will take to minimize the risk of abuse within the scope of the licensed services, and will identify referrals made when the vulnerable adult is susceptible to abuse outside the scope or control of the licensed services. When the assessment indicates that the vulnerable adult does not need specific risk reduction measures in addition to those identified in the program abuse prevention plan, the individual abuse prevention plan shall document this determination.

Requirements of [626.557](#), subd. 14(b): Each facility, including a home health care agency and personal care attendant services providers, shall develop an individual abuse prevention plan for each vulnerable adult residing there or receiving services from them. The plan shall contain an individualized assessment of: (1) the person's susceptibility to abuse by other individuals, including other vulnerable adults; (2) the person's risk of abusing other vulnerable adults; and (3) statements of the specific measures to be taken to minimize the risk of abuse to that person and other vulnerable adults. For the purposes of this paragraph, the term "abuse" includes self-abuse.

Persons with history of violent crime an act of physical aggression toward others: If the program knows that the vulnerable adult has committed a violent crime or an act of physical aggression toward others, the individual abuse prevention plan must detail the measures to be taken to minimize the risk that the vulnerable adult might reasonably be expected to pose to visitors to the facility and persons outside the facility, if unsupervised. Under this section, a facility knows of a vulnerable adult's history of criminal misconduct or physical aggression if it receives such information from a law enforcement authority or through a medical record prepared by another facility, another health care provider, or the facility's ongoing assessments of the vulnerable adult.

Legal Authority: MS §§ [245D.071](#), subd. 2, [245A.65](#), subd. 2, and [626.557](#), subd. 14

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## Individual Abuse Prevention Plan (IAPP)

Person's Name: **Christina Wagner**

Program: PAI Oakdale

**Instructions:** For each area, assess whether the person is susceptible to abuse by others and the person's risk of abusing other vulnerable people. If susceptible, indicate why by checking the appropriate reason or by adding a reason. Identify specific measures to be taken to minimize the risk within the scope of licensed services and identify referrals needed when the person is susceptible outside the scope or control of the licensed services. If the person does not need specific risk reduction measures in addition to those identified in the program abuse prevention plan, document this determination and identify the area of the program prevention plan that addresses the area of susceptibility.

### A. Sexual abuse

Is the person susceptible to abuse in this area?  Yes (if any area below is checked)  No

- Lack of understanding of sexuality
- Likely to seek or cooperate in an abusive situation
- Inability to be assertive
- Other: Christina is unable to report to the appropriate person if she were to be abused

Specific measures to minimize risk of abuse for each area checked:

- **All Areas:** Staff provide Christina with supervision at all times. If a staff were to witness sexual abuse involving Christina, staff would verbally tell the abuser to stop and physically move Christina to a safe location. Staff will assess for any injury, provide necessary first aid per their training and seek further medical attention as needed. All staff and volunteers are mandated reporters and are trained upon hire and annually thereafter to the MN State Vulnerable Adult Law and PAI's Vulnerable Adult Maltreatment Reporting and Review Policy and Procedures. Staff will report all suspected or known maltreatment per company policy.
- **Lack of understanding of sexuality:** Christina has been diagnosed with developmental and cognitive disabilities. Due to this, Christina may not understand situations of a sexual nature. Christina is unable to consent to sexual activity nor is she able to fend off unwanted sexual advances. Christina may also not be able to understand the difference between abusive situations and non-abusive situations. This makes Christina more vulnerable to sexual abuse.
- **Likely to seek or cooperate in an abusive situation and the inability to be assertive:** Christina has been diagnosed with developmental and cognitive disabilities in addition to depression and anxiety. She is unable to physically or verbally be assertive. Christina is not able to consent to sexual activity nor is she able to fend off unwanted sexual advances. Christina may cooperate if in an abusive situation due to her limited understanding and inability to defend herself.
- **Christina is unable to report to the appropriate person if she were to be abused:** Due to Christina's developmental disability and lack of consistent formal communication, Christina would be unable to identify abusive situations, identify the appropriate person to tell, or to make a report.

**Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred).** No referrals are needed at this time.

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## B. Physical Abuse

Is the person susceptible to abuse in this area?  Yes (if any area below is checked)  No

- Inability to identify potentially dangerous situations
- Lack of community orientation skills
- Inappropriate interactions with others
- Inability to deal with verbally/physically aggressive persons
- Verbally / Physically abusive to others
- "Victim" History exists
- Other: Christina is unable to report to the appropriate person if she were to be abused

Specific measures to minimize risk of abuse for each area checked:

- **All Areas:** Christina has been diagnosed with developmental and cognitive disabilities and may not understand what constitutes a dangerous situation, how to advocate for safety or handle situations of abuse. Christina would be unable to report abuse. Staff provide Christina with supervision at all times. If a staff were to witness physical or emotional abuse involving Christina, staff would verbally tell the abuser to stop and physically assist Christina to a safe location to assess for any injury and provide necessary first aid per their training or seek further medical attention as needed. All staff and volunteers are mandated reporters and are trained upon hire and annually thereafter to the MN State Vulnerable Adult Law and company Vulnerable Adult Maltreatment Reporting and Review Policy and Procedures. Staff will report all suspected or known maltreatment per company policy.
- **Inability to identify potentially dangerous situations:** Staff observe what is occurring around Christina and intervene on her behalf if a potentially dangerous situation were to happen. Staff will call 911 on her behalf in the event of an emergency.
- **Lack of community orientation skills:** Staff provide supervision of Christina while in the community and provide her with full physical support to practice all pedestrian and traffic safety skills. Staff access community resources with Christina and on her behalf.
- **Inappropriate interactions with others:** Christina has been diagnosed with depression and anxiety in addition to her developmental and cognitive disabilities and lacks formal communication skills. When experiencing symptoms of anxiety Christina may make loud vocalizations and/or reach out to grab others inadvertently pinching or scratching them while attempting to seek comfort.
- **Inability to deal with verbally/physically aggressive persons:** Christina is unable to defend against physically or verbally aggressive people, Christina lacks the ability to be assertive and may cooperate in an abusive situation due to a limited understanding and physical inability to defend from a verbally or physically aggressive person.
- **Verbally / Physically abusive to others:** Christina has been diagnosed with depression and anxiety in addition to her developmental and cognitive disabilities and lacks formal communication skills. When very upset, frustrated, or anxious Christina may make loud vocalizations and reach out and attempt to hit staff or those around her in an attempt to communicate. When Christina attempts to grab or scratch others, she will be assisted to a quiet area within view of activities. Staff will acknowledge her frustration and let her know they will help her when she is ready. (Example: "Christina, I understand you are upset, when you are ready to make choices, I will help you.") Staff will visually monitor Christina to promote her safety. If Christina continues to have the above-mentioned target symptoms staff will ignore them. When Christina is calm, she will immediately be reinforced with verbal praise and offered the opportunity to return to the activity or to use her communication device.

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- **Christina is unable to report to the appropriate person if she were to be abused:** Due to Christina's developmental disability and lack of consistent formal communication, Christina would be unable to identify abusive situations, identify the appropriate person to tell, or to make a report.

**Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred).** No referrals are needed at this time.

## C. Self Abuse

Is the person susceptible to abuse in this area?  Yes (if any area below is checked)  No

- Dresses inappropriately
- Refuses to eat
- Inability to care for self-help needs
- Lack of self-preservation skills (ignores personal safety)
- Engages in self-injurious behaviors
- Neglects or refuses to take medications
- Other: NA

Specific measures to minimize risk of abuse for each area checked:

- **Dresses inappropriately:** Christina is unable to determine what clothing is appropriate for the weather. Christina requires help in dressing for weather conditions and temperature. Staff assess the weather conditions and assist Christina with the appropriate clothing for the weather. This may include the use of a hat, coat/jacket, gloves, etc. and the application of sunscreen.
- **Inability to care for self-help needs:** Due to Christina's disabilities she requires full assistance in caring for all of self-help needs. Staff are trained to Christina's self-help needs and communicate with Christina while performing self-help tasks and encourage participation as able.
- **Lack of self-preservation skills (ignores personal safety):** Due to her physical and mental disabilities Christina may not understand when a situation is not safe and does not have the physical ability to keep herself out of unsafe situations. Staff provide supervision to Christina at all times. Staff observe what is occurring around her and intervene on Christina's behalf if a potentially dangerous situation were to happen. If needed, staff will assess for any injury and provide necessary first aid per their training and seek further medical attention as needed. Staff will call 911 on Christina's behalf in the event of an emergency. All staff are mandated reporters and are trained upon hire and annually thereafter to the MN State Vulnerable Adult Law and company Vulnerable Adult Maltreatment Reporting and Review Policy and Procedures. Staff will report all suspected or known maltreatment per company policy.
- **Engages in self-injurious behaviors:** Christina may communicate that she is upset, frustrated, or experiencing symptoms of anxiety by hitting herself in the face or pulling her hair. If Christina begins to hit herself in the face or pull her hair, staff will acknowledge she is upset, validate her feelings, and redirect her to communicate or make a choice using her communication device or remind her of her upcoming activities.

**Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred).** No referrals are needed at this time.

**D. Financial Exploitation**

Is the person susceptible in this area?  Yes (if any area below is checked)  No

- Inability to handle financial matters
- Other: NA

Specific measures to minimize risk of abuse for each area checked:

- **Inability to handle financial matters:** PAI does not handle the safekeeping of money for Christina. Should Christina bring money to PAI to utilize, staff will support her in making a purchase, collecting the correct change and receipt, and sending the change and receipt home in her communication book. All staff are mandated reporters and are trained upon hire and annually thereafter to the MN State Vulnerable Adult Law and company Vulnerable Adult Maltreatment Reporting and Review Policy and Procedures. Staff will report all suspected or known financial maltreatment involving company policy.

**Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred).** No referrals are needed at this time.

**E. Is the program aware of this person committing a violent crime or act of physical aggression toward others?**

- Yes
- No

Specific measures to be taken to minimize the risk this person might reasonably be expected to pose to visitors to the program and persons outside the program, if unsupervised: NA

**Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred).** No referrals are needed at this time.

An individual abuse prevention plan is developed for each new person as part of the initial service plan. The person will participate in the development of the plan to the full extent of their ability. When applicable, the person's legal representative will be given the opportunity to participate with or for the person in the development of the plan. The interdisciplinary team will document the review of the plan at least annually, using an individual assessment, as required in MN Statutes, section 245D.071, subd. 3, and any reports of abuse relating to the person. The plan shall be revised to reflect the results of this review.