

ONE PAGE PROFILE



Name:	Christina Wagner
Age:	46

What people APPRECIATE about me:	What is IMPORTANT TO me:	How to SUPPORT me:
<ul style="list-style-type: none"> • My fashion sense. People are always commenting on my outfits and my accessories. My nails are painted differently every day! • My smile and giggle 😊 • My artistic abilities and willingness to help with art projects. • That I am always willing to try a new group or activity. • My trust in others ability to style my hair. • That I enjoy all styles of music. • How motivated I am to communicate with those around me. 	<ul style="list-style-type: none"> • Having my nails painted everyday & picking out my hair style for the day. • Being able to anticipate my day by following my routine. • Working with people who know my routine and understand how I communicate. • Not having to wait too long for things I want or for transitions to begin. It makes me really anxious if I have to wait more than 2-3 mins. • One to One sensory time after I finish my lunch. 	<ul style="list-style-type: none"> • Help me to follow my routine and honor my daily choices. • Tell me about changes in my routine and cue me for transitions. Do not tell me more than 5 minutes before or I may get anxious. • Make sure that you understand what I need to feel safe before assisting me with my cares. • Let me spend time getting comfortable with new staff before they support me with anything personal. • Understand the different ways I can communicate with you and encourage me to use all of my communication skills. • Provide me with space when I am upset or not wanting to communicate. Sometimes I just need a few minutes.