



**DEPARTMENT OF
HUMAN SERVICES**

Coordinated Services and Supports Plan (CSSP)

ABOUT ME

TERESA L CASEY

Assessment Date: 02/18/2021

Plan Dates: 04/01/2021 to 03/31/2022

Developed by: Jill Book (651) 321-4518

Address: 351 14th Street

Newport, MN 55055

County: Washington

Home: (651) 459-4419

Other:

General Plan Notes:

Annual Meeting completed Virtually due to COVID-19 Pandemic.

DATE THIS DOCUMENT WAS MAILED: 3.24.21

PERSON'S MAILED TO: Theresa Casey, Patricia Casey, Sarah Boone (The phoenix residence), Emily Elsenpeter (PAI)

SUMMARY/HISTORY: Theresa likes to be called Terri. She is a 51 years young lady living in an ICF home run by Phoenix Residence. She attends PAI in Oakdale. Theresa was born and raised in the metro area. She has strong family support and is very close to her mother, who is also her guardian and her rep payee. Terri is sensitive to music and it can trigger her to become emotional. It is important to Terri that she is offered choices whenever possible. She answers "yes" and "No" questions by looking at your hands or objects.

STRENGTHS: Theresa is sweet, kind, compassionate and curious. She is laid back and has a positive attitude and a great sense of humor. She is carefree and fun.

ROUTINES: Theresa attends PAI Tues, Thurs, and Friday. She gets up around 6:30am. On her days off, she sleeps in until 7am and watch staff and hang out in her room until lunch. She will have breakfast and get ready to leave. She is gone until 3:30pm. After returning she will have a snack such as pudding. She eats dinner around 6pm. After dinner she will either watch television with her

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roommates or watch television in her room. She loves game shows like Family Feud or shows like Cops. Pat typically visits on Monday nights and Teresa looks forward to this all week

LIKES/DISLIKES: Theresa loves being around others and really enjoys being the center of attention. She likes when people joke and kid around with her. She enjoys being part of a group and watching, listening, and learning. She also enjoys when there is a lot of action. She loves to shop and takes great pride in her appearance and also like to shop for others, especially her brother. She enjoys going out to eat at Panda Express. She loves to people watch and eat. She likes structure and keeping her schedule consistent. She loves when staff make mistakes. Terri does not like to be rushed, especially when staff are feeding her.

DREAMS: to see the harlem globe trotters again, go to the state fair again because it combines her favorite things - eating and people watching.

PERSON INFORMATION

Date of Birth: 08/31/1969 **Age:** 51 yrs

Emergency Contacts

Name	Relationship	Phone
Patricia Casey	Parent	(651) 459-4956

Notes/Comments

Cell #: 651-230-1802

Decision Making Representatives

Name	Type of Authority	Address	Phone
Patricia Casey	Private Guardian	4699 Bloomberg Lane Inver Grove Heights MN 55076	(651) 459-4956
Patricia Casey	Representative Payee	4699 Bloomberg Lane Inver Grove Heights MN 55076	(651) 459-4956

Notes/Comments

Health Insurance & Payers

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medicare - Part A			06/01/2005
Medicare - Part B			06/01/2005
Medicare - Part D			01/01/2006
Medical Assistance		00015092	06/01/2001

Notes/Comments

Providers

Health Care Providers	Phone	Comments
Dentist	(651) 459-2387	Dr. Sandra Cole - Roscher Dental Group - 1590 Hastings Ave, Newport, MN 55055
Psychiatrist	(651) 983-0383	Dr. Donald Wiger - 155 Wabasha St S #122, St Paul, MN 55107

Health Care Providers	Phone	Comments
Specialty Clinic	(651) 436-3356	Ophthalmologist - Meghan Earley - Woodbury Eye Clinic - 2070 Eagle Creek Ln #200, Woodbury, MN 55129
Home Care Agency	(651) 207-7317	Phoenix Residence - Sarah Boone- 330 Marie Ave, West St Paul MN 55118 newport@phoenixresidence.org
Other	(651) 748-0373	PAI Oakdale - Emily Elsenpeter - 6966 33rd St N suite 150, Oakdale MN 55128 Eelsenpeter@paimn.org
Day Program		
Other	(651) 321-4518	Country Services inc - Jill Book - 13000 Ravine Parkway South, Cottage Grove MN 55077 Jill.Book@co.washington.mn.us
Primary Physician	(651) 487-2831	Dr David Rossmiller Entira Clinic Roseville

Notes/Comments

WHAT'S IMPORTANT TO THE INDIVIDUAL

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
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Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Terri would like to continue living in her home, supported by the staff that she loves, at Phoenix Residence, who can joke around with her and know how to communicate with her.	03/31/2022	PHOENIX AT NEWPORT -- 1376649772	Annually
Terri would like to continue to attend PAI where she can participate in activities that keep her busy and where she can be surrounded by people.	03/31/2022	PHOENIX ALTERNATIVES INC -- A308360800	Annually
Terri hopes to be able to go to the State Fair again this year.	03/31/2022		annually

Action Steps for Goals:**What will the person do?**

Terri will continue to advocate for her own preferences, desires, wishes, dreams and identified outcomes. She will have opportunities for choice on a daily basis. Terri will continue to access available formal and informal supports to achieve her goals and to do things she would like to do at home and in the community. Terri will attend regular medical appointments.

What will the case manager do?

Case Manager will provide ongoing support, encouragement, advocacy, coordination of services and, access to additional supports and resources, as available and appropriate, to support her preferences, needs, desires, and identified outcomes, working with Terri and her Mom and Providers as needed. The case manager will complete visits and paperwork as required according to federal and state regulations for the continuation of services and to maintain eligibility. The case manager will complete a minimum of two visits with Terri and her team per year, more as requested. Case Manager will monitor effectiveness of supports and services including ICF residential site with the Phoenix residence, and Day Support Services through Phoenix Alternatives.

What will others do?

Terri's team will encourage to support her independence by working with all support persons, formal or informal, to meet her assessed needs. They will ensure all medical assistance paperwork is completed and services are utilized.

Terri's guardian will continue to exercise her powers and responsibilities, within the guardianship order, establishing place of abode (residential); care, comfort and maintenance needs; personal property; medical care; contracts; exercise supervisory authority; and assure eligibility for government benefits. She will complete their annual filing responsibilities as mandated by the court. She will work with Terri to build and maintain all skills to meet her goals and ensure all her health and safety needs are met.

Representative Payee, will continue to assist with money management; assist with completion of all documents to maintain eligibility for state and federal benefit programs.

What will the provider do?

Phoenix Residence and Phoenix Alternatives will provide services according to Coordinated Service and Support Plan Addendum and service agreement, as directed by guardian and monitored by Case Manager. Both Providers will provide ongoing support, encouragement, advocacy, coordination of services and access to additional supports and resources, as available and appropriate, to support Terri's preferences, needs, desires and identified outcomes. Providers will contact Case Manager and guardian regarding any questions or concerns related to supports and services. Providers will continue to work with Terri to build and maintain all skills to meet her goals of having access to the community, having her voice heard, and that her health, safety and welfare be protected and to ensure all health and safety needs are met.

SUMMARY OF PROGRAMS AND SERVICES

Program Type	Start Date	End Date	Annual Amount	Total Plan Cost	Avg Monthly
DD Rule 185/Related Condition	04/01/2021	03/31/2022	\$0.00	\$0.00	\$0.00
Case Manager/Care Coordinator Jill Book	Case Manager/Care Coordinator Provider ID A395130200		Responsible Party Name Patricia Casey		
Program Notes					

Service						
Active Treatment/Habilitation						
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Total Service
04/01/2021	03/31/2022		5-Flexible Use	196	\$0.00	\$0.00
NPI/UMPI	Status	Provider Name	Funding Source		County of Service	
M784481600	Approved	PHOENIX ALTERNATIVES INC	County/Tribe		Washington	
Areas of Need						
Caregiver/Parent Support, Personal Security, Quality of Life, Communications, Cognitive and Behavior Supports, Personal Assistance, Supportive Services						
Support Instructions						
Terri will continue to receive Day Support Services through Phoenix Alternatives, Inc 4 days a week for up to 196 days a year order to work on recreational/leisure activities, community integration, and skill building. Phoenix Alternatives will use a combination of verbal, gestural and physical prompts to assist Terri with daily cares, recreational skills and activities and will design services to assist Terri in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to be successful in her environment and the community. Cedar Valley is responsible for communicating any significant changes or concerns in care of programming to the interdisciplinary team. Phoenix Alternatives will participate in annual meetings with the IDT and will also be responsible to develop a Self Management assessment, Individual Abuse Prevention Plan, CSSP-Addendum, and program abuse prevention plan for Terri. Terri will submit written progress reports/updates with goals and assessment information to the IDT team on a semi-annual basis. All vocational services will be funded through Washington County.						
Service Notes						

Service							
Case Management/Service Coordination							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
04/01/2021	03/31/2022		5-Flexible Use	120	\$0.00	\$0.00	\$0.00
NPI/UMPI	Status	Provider Name	Funding Source	County of Service			
1700969334	Approved	WASHINGTON COUNTY COMMUNITY SERVICE	Medicare	Washington			
Areas of Need							
Quality of Life, Personal Assistance, Communications, Supportive Services							
Support Instructions							
Terri receives Case Management from Washington County who contracts through Country Services Inc. in accordance with Minnesota Rule 185. The case manager will be responsible for; Annual reviews of service plan, updating the CSSP annually and as needed, completion of annual consents, evaluation and monitoring of the services identified in the plan, reviewing all materials received from providers, Informing of service options, available to make referrals for support services as deemed appropriate by the Team, Coordination of services Case manager will complete assessments as needed to determine program eligibility and case management needs. The case manager will also attend all meetings for Terri. The case manager will see Terri at least twice yearly to review services. Terri's current Case Manager is Jill Book. Her address is 13000 Ravine Parkway South, Cottage Grove MN 55016. She can be reached at 651-321-4518 or emailed at Jill.Book@co.washington.mn.us							
Service Notes							

Service ICF-DD						
Start Date 04/01/2021	End Date 03/31/2022	Procedure Code	Frequency 1-Daily	Units 365	Rate \$0.00	Total Service \$0.00
NPI/UMPI 1376649772	Status Approved	Provider Name PHOENIX AT NEWPORT		Funding Source Medicare	County of Service Washington	
Areas of Need Self-Direction, Health Related/Medical, Personal Assistance, Communications, Caregiver/Parent Support, Personal Security, Cognitive and Behavior Supports, Supportive Services, Quality of Life, Home Management						

Support Instructions

Terri will continue to live in a supervised living setting. Terri needs to live in an ICF with 24 hour supervision and assistance as needed to increase her independent living skills and care for her medical needs. Team discussed potential for Terri to live in a less restrictive setting at annual meeting. Team decided that Terri is happiest in her current home. Service will be provided 365 days per year by Phoenix Residence. Phoenix Residence will inform the case manager of any significant changes in care or programming, hospitalizations, and incidents. Phoenix Residence will provide Terri with the necessary prompts and verbal support in areas of Personal Assistance, Home Management, Health and Medical, Cognitive and Behavioral Supports, Personal Security, Communications and Supportive Services. Phoenix will train all staff on Terri's special diet and medical needs. Phoenix is responsible for scheduling and coordinating medical care and appointments, providing transportation to appointments and activities. Phoenix is responsible for communicating any significant changes in programming, care or medical needs to the interdisciplinary team. Meetings will be held on an annual basis and as needed. Prior to Terri's annual review meeting, Phoenix is to submit assessments with goal recommendations and current health status/annual medical history to the case manager. Semi-annual reports are also to be submitted by Phoenix to all IDT members. Phoenix will also be responsible to develop a Self Management assessment, Individual Abuse Prevention Plan, CSSP- Addendum, and program abuse prevention plan for Individual. The team discussed potential assistive technology that could help him improve her communication or ability to participate in daily living activities more independently. The team determined that there is currently no assistive technologies needed, we will continue to re-evaluate this annually.

Service Notes

RISKS
How will Health and Safety Issues be Addressed?

Terri needs a 24-hour plan of care. Her support service provides this level of care for her. Terri needs a guardian, rep payee, and staff to help ensure her basic needs are met. Guardian and support services work together to ensure Terri's basic needs, i.e. food, shelter, and clothing. She has an IDD case manager that works with the team to ensure her service needs are being met by providers. Her team works together to protect Terri as a vulnerable adult. Terri does not have alone time.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
N/A		

Summary plan/agreement reached to address the identified risks:

N/A

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Terri will rely on caregivers in the home and in the community to ensure her safety in the event of a community emergency or inclement weather.

Key Contact Name	Relationship	Phone Number
Sarah Boone	Phoenix Program Manager	(651) 207-7317
Kaylee Larson	Phoenix Program Director	(651) 263-9845

Plan for emergency health events

Terri will rely on caregivers in the home and in the community to ensure access to appropriate healthcare in the event of an emergency situation. She should be transported to Regions Hospital. Her primary Clinic is Entira Roseville

Key Contact Name	Relationship	Phone Number
Sarah Boone	Phoenix Program Manager	(651) 207-7317
Kaylee Larson	Phoenix Program Director	(651) 263-9845
Patricia Casey	Mom/Legal Guardian	(651) 459-4956
Dr. David Rosmiller	Entira Roseville Clinic	(651) 487-2831

Plan for unavailable staffing that puts the person at risk

Due to her intellectual and physical vulnerability, Terri requires 24 hour supervision and support from caregivers to ensure her safety. If an unforeseen event makes staffing unavailable, Phoenix will attempt to secure immediate trained staff.

Key Contact Name	Relationship	Phone Number
Sarah Boone	Phoenix Program Manager	(651) 207-7317
Kaylee Larson	Phoenix Program Manager	(651) 263-9845

