

ABOUT ME

IGNACIA BARRAZA

Preferred Name: Iggy

Assessment Date: 02/01/2021

Plan Dates: 04/01/2021 to 03/31/2022

Developed by: Rebecca Turner (651) 363-0002

Address: 908 Hawthorne Avenue E
St. Paul, MN 55106

County: Ramsey

Home: (651) 774-8823

Work:

Other: (651) 774-8823

General Plan Notes:

Waiver Program: CADI Waiver/Rule 185 Case Management

Annual Visit Date: 3/17/2021

Hopes, Dreams, Aspirations: Per guardian ¿I just want Iggy to be a happy adult.¿

Housing Discussion: Iggy lives with her mother at their home in St Paul. This home is accessible to Iggy and we are working on getting more home modifications completed to ensure the home is safe for Iggy. They do not wish to move.

Community Integration: Things that are important to Iggy are participating in activities and events that she enjoys, going on adventures in the family camper in the summer, and living with her family.

Competitive Employment Discussion: She attends PAI pre-voc program 2-5 days per week (dependent on weather and physical health). Iggy and her guardian like this for now and would like to continue attending as long as it fits the need. The PCA attends PAI with Iggy to assist with personal cares. During COVID, Iggy has been participating in virtual classes.

Routines and Rituals (Cultural): Iggy enjoys listening and dancing to music, watching wrestling, watching movies on Netflix and Disney plus app. She also likes to look in the mirrors. Iggy has been staying home during COVID-19 pandemic. She has been participating in virtual activities with

PAI. Iggy prefers to follow her routine, work with familiar caregivers, and not wake up too early

Strengths, Skills, and Abilities: Iggy has a strong support system. She is also a genuinely happy person. She is all smiles, and is very content.

Natural Supports: Iggy lives in a home with her mother. She has strong natural supports in her family.

Summary of Waiver Services:

- case management and para case management through Thomas Allen Inc
- Day support services through PAI
- PCA, Ext PCA and PCA Supervision through Dependable Home Care
- Transportation through PAI

Informed Choice: Iggy's guardian is aware of the services available to her. They ensure needs are met through these services and request changes when they are needed.

Cultural Preferences: Iggy prefers to work with consistent and reliable caregivers and to watch wrestling with her mom.

Person Centered Planning Desire: Iggy's guardian is not interested in a person centered planning session. They are satisfied with current services.

Chemical/Mental/Physical Health: Iggy is diagnosed with Profound DD, and Arthrogryposia, which make it difficult for her to be independent. Shannon and the PCA staff ensure that Iggy's needs are met through services and informal supports. It is important for Iggy to be healthy and to have her health and safety needs met

PERSON INFORMATION

Date of Birth: 08/31/1983 **Age:** 37 yrs

Emergency Contacts

Name	Relationship	Phone
Shannon Barraza	Parent	(651) 774-8823

Name	Relationship	Phone
Mary Fagen	Other Relative	(515) 205-1904

Notes/Comments

Mary Fagen is PCA responsible party

Decision Making Representatives

Name	Type of Authority	Address	Phone
Shannon Barraza	Private Guardian	908 Hawthorne Ave. E., St. Paul, MN 55106	(651) 774-8823
Mary Fagen	Other	PCA Resp Party	(515) 205-1904

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		00643893	

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 766-0520	Entira Family Clinics - Dr Kristen Hanson 3550 LaBore Rd #7 Vadnais Heights, MN 55110
Specialty Clinic	(651) 241-5290	Neurology: Minnesota Epilepsy Group - 225 Smith Ave N #201 Saint Paul, MN 55102
Specialty Clinic	(651) 290-8707	Gillette Specialty Clinic - Dr Coop

Health Care Providers	Phone	Comments
Home Care Agency	(651) 779-9810	Dependable Home Health - 23 Empire Drive Saint Paul, MN 55103
Other	(651) 777-6522	PAI - Pre Voc - 3595 Linden Ave White Bear Lake, MN 55110
PRE-VOC		
Other	(651) 488-0251	North Spirit Medical
Supply Provider		

Notes/Comments**WHAT'S IMPORTANT TO THE INDIVIDUAL****Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Ignacia will remain as healthy as possible	03/31/2020		
Iggy's guardian wishes for her to be happy, healthy and safe.			
Dream statement per guardian: I just want Iggy to be a happy young adult.			
Iggy wishes to continue going to her day program at PAI			

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Iggy wants to be healthy			
Iggy/guardian want to continue going on outings that she enjoys including more camper trips to Taylors Falls			
Iggy wants to go to her camper with her family in the summer	03/31/2022		
Iggy wants to stay healthy	03/31/2022		

Action Steps for Goals:**What will the person do?**

Iggy will continue to work, cooperate, and participate in home and community supports to build and maintain all skills necessary to achieve her goals as recommended by her team and/or health care providers. Iggy will work with her family/provider(s) to achieve her global goals/dreams including continuing to participate virtually with her day program, go to family camper in the summer when the weather is nice, and to take her medications/nebulizers to stay as healthy as possible.

What will the case manager do?

Current case manager/supervisor will continue to coordinate supports with Iggy and ensure all her health and safety needs are met. Case Manager/Supervisor will contact the provider(s) on a regular basis to review progress towards goals/dreams and assist with any needed referrals and advocate on Iggy's behalf. Case Manager/Supervisor will follow up to see if Iggy is/has been working to achieve her global goals/dreams of participate virtually with her day program, go to family camper in the summer when the weather is nice, and to take her medications/nebulizers to stay as healthy as possible.

Case manager will complete annual reviews of service plans, assist Iggy in identifying potential providers, assist in accessing services, coordinate services, develop service plans, evaluate and monitor services that are in the service plan, and will provide options, resources, answer questions, authorize services, and discuss the service plan with Iggy and her team at least annually. The Case Manager will meet with Iggy at minimum every six months to discuss services, will coordinate with Iggy's team members, and communicate as needed throughout the service year.

If changes need to be made to the plan, the CADI case manager can be contacted. 651-363-0002

What will others do?

FAMILY: Family will provide informal supports/encouragement to assure Iggy's health and safety needs are met, as well as help her build and maintain all skills to meet her goals. They will work with the case manager/supervisor and the provider(s) to ensure they are working with Iggy on her global goals/dreams. Family will work with Iggy to encourage her to go to her day program when she is feeling well and take her out in the community to do activities that she enjoys.

GUARDIAN(S): Guardian(s) will continue to exercise their powers and responsibilities, unless stated differently in the guardianship order of: establishing place of abode (residential); care, comfort and maintenance needs; personal property; medical care; contracts; exercise supervisory authority; and assure eligibility for government benefits. They will complete their annual filing responsibilities as mandated by the court. They will work with Iggy to build and maintain all skills to meet her goals and ensure all her health and safety needs are met. They will continue to provide ongoing encouragement and support to Iggy on working to achieve her global goals/dreams. They will work with the Case Manager/Supervisor and the provider(s) to ensure they are working with Iggy on her global goals/dreams. Guardians will work with Iggy to encourage her to go to her day program, outings that she enjoys and staying healthy. Shannon will reach out to the case manager if she would like any changes made to the plan.

REPRESENTATIVE PAYEE, Shannon Barraza will continue to assist Iggy with money management and completion of all necessary documents to maintain her eligibility for state and federal benefit programs.

What will the provider do?

DEPENDABLE HOME HEALTH CARE INC and PAI will support/assist Iggy in reaching her full potential in the areas of self care, socialization, leisure / recreation, communication, community integration, money management, and behavioral management as well as any other area identified by the IDT. They will protect her as a Vulnerable person. They will provide assessments as directed by the team.

VOCATIONAL PROVIDER (DAY TRAINING AND HABILITATION/SUPPORTED EMPLOYMENT SERVICES): Vocational Provider, PAI, will continue to work with Iggy to build and maintain employment and vocational skills to meet her goals, and to ensure her health and safety needs are met during their scheduled time. Provider will work with Iggy to encourage/support on her global goals/dreams and be in regular contacts with the guardians and Case Manager/Supervisor on the progress of her goals/dreams. Staff will work with Iggy to her on her daily living skills so that she can be as independent as possible.

SUMMARY OF PROGRAMS AND SERVICES

Program Type Community Alternatives for Disability Inclusion	Start Date 04/01/2021	End Date 03/31/2022	Annual Amount \$0.00	Total Plan Cost \$137,702.50	Avg Monthly \$11,475.21
Case Manager/Care Coordinator Rebecca Bidwell, LSW		Case Manager/Care Coordinator Provider ID A521460000		Responsible Party Name Mary Fagen	
Program Notes					

Service							
Case Management - 15 Minutes							
Start Date 04/01/2021	End Date 03/31/2022	Procedure Code T1016 UC	Frequency	Units 150	Rate \$24.47	Avg Monthly \$305.88	Total Service \$3,670.50
NPI/UMPI A026672900	Status Approved	Provider Name THOMAS ALLEN INC- WAIVER-CM		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Supportive Services							
Support Instructions 150 units of CADI case management per waiver span. The case manager will meet with the individual at least twice per year and additionally as needed. The case manager will coordinate services with the providers, refer for new services and monitor ongoing services. The case manager will be available to assist with any conflicts that may arise. The case manager will also make any changes to the plan as requested by the individual.							
Service Notes							

Service							
Case Management Aide (Paraprofessional) - 15 Minutes							
Start Date 04/01/2021	End Date 03/31/2022	Procedure Code T1016 TF UC	Frequency	Units 24	Rate \$9.39	Avg Monthly \$18.78	Total Service \$225.36
NPI/UMPI A026672900	Status Approved	Provider Name THOMAS ALLEN INC- WAIVER-CM		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Supportive Services							
Support Instructions 2 units per month of para to assist with data entry and paperwork.							
Service Notes							

Service							
Day Support Services - 15 Minutes							
Start Date 04/01/2021	End Date 03/31/2022	Procedure Code T2021 UC	Frequency	Units 5544	Rate \$5.68	Avg Monthly \$2,624.16	Total Service \$31,489.92
NPI/UMPI A308360800	Status Approved	Provider Name PHOENIX ALTERNATIVES INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Employment/Training/Skill Building							
Support Instructions 3 days per week of remote or in person pre-voc to assist with socialization and community integration with peers. Will transition to more in person once COVID19 safety concerns are over.							
Service Notes							

Service							
Personal Care Assistance (PCA) - 1:1 Ratio, Extended - 15 Minutes							
Start Date 04/01/2021	End Date 03/31/2022	Procedure Code T1019 UC	Frequency	Units 2190	Rate \$4.45	Avg Monthly \$812.12	Total Service \$9,745.50
NPI/UMPI A797345400	Status Approved	Provider Name DEPENDABLE HOME HEALTH CARE INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need							
Cognitive and Behavior Supports, Personal Assistance, Health Related/Medical							
Support Instructions							
Extended PCA for an additional 1.5 hours per day. Notes indicate that in the past Ramsey County approved the PCA to attend ADC with Iggy M-F to ensure she has 1:1 time and staff available to her at all times, especially on the transportation. She needs the additional extended time to ensure her feeding tube, respiratory drainage pump, IV therapy, and nebulizer treatments are delivered correctly. The PCA will also assist with behaviors, eating, bathing, dressing, personal hygiene, toilet use, mobility, positioning and transfers.							
Service Notes							

Service							
Personal Care Assistance (PCA) - QP supervision - 15 Minutes							
Start Date 04/01/2021	End Date 03/31/2022	Procedure Code T1019 UA	Frequency	Units 96	Rate \$7.82	Avg Monthly \$62.56	Total Service \$750.72
NPI/UMPI A797345400	Status Approved	Provider Name DEPENDABLE HOME HEALTH CARE INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Personal Assistance							
Support Instructions PCA Supervision for 2 hours per month. Notes indicate that in the past Ramsey County approved the PCA to attend ADC with Iggy M-F to ensure she has 1:1 time and staff available to her at all times. She needs the PCA time to ensure her feeding tube, respiratory drainage pump, IV therapy, and nebulizer treatments are delivered correctly. The PCA will also assist with behaviors, eating, bathing, dressing, personal hygiene, toilet use, mobility, positioning and transfers.							
Service Notes							

Service							
Personal Care Assistance: (PCA) - 15 Minutes							
Start Date 10/01/2021	End Date 03/31/2022	Procedure Code T1019	Frequency	Units 9100	Rate \$4.45	Avg Monthly \$6,749.17	Total Service \$40,495.00
NPI/UMPI A797345400	Status Approved	Provider Name DEPENDABLE HOME HEALTH CARE INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Health Related/Medical, Personal Assistance							
Support Instructions PCA at 50u per day. Notes indicate that in the past Ramsey County approved the PCA to attend ADC with Iggy M-F to ensure she has 1:1 time and staff available to her at all times. She needs the PCA time to ensure her feeding tube, respiratory drainage pump, IV therapy, and nebulizer treatments are delivered correctly. The PCA will also assist with behaviors, eating, bathing, dressing, personal hygiene, toilet use, mobility, positioning and transfers.							
Service Notes							

Service							
Personal Care Assistance: (PCA) - 15 Minutes							
Start Date 04/01/2021	End Date 09/30/2021	Procedure Code T1019	Frequency	Units 9150	Rate \$4.45	Avg Monthly \$6,786.25	Total Service \$40,717.50
NPI/UMPI A797345400	Status Approved	Provider Name DEPENDABLE HOME HEALTH CARE INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Health Related/Medical, Personal Assistance							
Support Instructions PCA at 50u per day. Notes indicate that in the past Ramsey County approved the PCA to attend ADC with Iggy M-F to ensure she has 1:1 time and staff available to her at all times. She needs the PCA time to ensure her feeding tube, respiratory drainage pump, IV therapy, and nebulizer treatments are delivered correctly. The PCA will also assist with behaviors, eating, bathing, dressing, personal hygiene, toilet use, mobility, positioning and transfers.							
Service Notes							

Service							
Transportation - Per One Way Trip							
Start Date 04/01/2021	End Date 03/31/2022	Procedure Code T2003 UC	Frequency	Units 312	Rate \$34.00	Avg Monthly \$884.00	Total Service \$10,608.00
NPI/UMPI A308360800	Status Approved	Provider Name PHOENIX ALTERNATIVES INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Employment/Training/Skill Building							
Support Instructions 3 rides per week from PAI transportation. Door to door service for ADC.							
Service Notes							

RISKS

How will Health and Safety Issues be Addressed?

Iggy requires a 24 hour plan of care and supervision; family/guardian/caregivers are responsible to ensure she is healthy and safe. Iggy will do her best in letting others know if she is sick/ill or injured while family/guardian/caregivers will watch her for possible signs. Iggy is always accompanied by family/guardian/caregivers while out in the community. Iggy has a guardian who will advocate and make informed decisions on her behalf with respecting her wants/needs and goals/dreams. Iggy has a representative payee who ensures her financial needs are met and that she is not being financial exploited. The Interdisciplinary Team will ensure that Iggy's needs and wants are being tended to. Iggy has a detailed paperwork from the county and provider(s) that documents all the needs required to assist Iggy in supporting her in every area of her life. Current Case Manager will continue to coordinate supports with Iggy and her team to ensure all of her health and safety needs are met.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Iggy is a vulnerable adult and is not able to live on her own.	Without in home services, Iggy would likely need to be in a long term care facility.	In home services may assist with this to ensure Iggy is safe while at home and in the community.

Summary plan/agreement reached to address the identified risks:

Ignacia is accepting of all the services needed to ensure her health and safety risks are minimized while living in the community.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Mother or PCA will take care of any unforeseen events. Iggy is not able to evacuate on her own to safety and would need complete assistance from another individual.

Key Contact Name	Relationship	Phone Number
Shannon Barraza	Mother/Guardian	(651) 485-4265

Plan for emergency health events

Mother or PCA will take care of all emergency health events. Or caregivers will call 911.

In the event of an emergency room visit or hospitalization, the CADi case manager should be notified to ensure continuity of care and services upon discharge.

Key Contact Name	Relationship	Phone Number
Shannon Barraza	Mother/Guardian	(651) 485-4265
Rebecca Turner, LSW - Thomas Allen Inc	Thomas Allen Inc - CADI Case Manager	(651) 363-0002
Dr Kristen Hanson	Entire Family Clinics	(651) 766-5290

Plan for unavailable staffing that puts the person at risk

Mother will take care of unavailable staffing that puts Iggy at risk. The staffing agency should be called to troubleshoot staffing issues. If these cannot be resolved, the case manager can be contacted to intervene.

Key Contact Name	Relationship	Phone Number
Shannon Barraza	Mother/Guardian	(651) 485-4265
Dependable Home Health	PCA Agency	(651) 779-9810
Phoenix Alternatives Inc (PAI)	Pre-Voc/Day Supports Agency	(651) 777-5622