

Coordinated Services and Supports Plan (CSSP)

ABOUT ME

MARY J OTLEY

Preferred Name: Mary Jo

Assessment Date: 12/08/2020

Plan Dates: 02/01/2021 to 01/31/2022

Developed by: Lisa Topps (651) 266-4274

Address: 3556 Glen Oaks Ct.

White Bear Lake, MN 55110

County: Ramsey

Home: (651) 777-6843

Work:

Other:

General Plan Notes:

Waiver Program: DD waiver

Annual Visit Date: 01/22/2021 via Zoom due to the COVID pandemic

Hopes, dreams, aspirations: Mary Jo dreams of going on a trip to Disney. Mary Jo would also like to have a job in the community at a card store and get a puppy.

Housing Discussion: Mary Jo currently lives in the lower level of a REM group home with her husband. Team has discussed Mary Jo and her husband moving to a home that is all on one level as they have trouble navigating the stairs. Mary Jo and her husband have started using the walk out patio door as their main entrance and seem to be happy with this as they do not have to walk up and down the stairs anymore. This patio door has an alarm on it for safety reasons.

Case Manager will continue to explore other housing options for Mary Jo and her husband.

Community integration: Mary Jo likes her neighborhood and has many opportunities for community activities with staff from REM and PAI when not in a pandemic.

Competitive employment discussion: Mary Jo would like a job in the community but has put off looking for a job during the

pandemic.

Routines/Rituals: Mary Jo attends PAI 5 days per week. On days that Mary Jo does not attend, she enjoys spending time with her husband, baking, and working on arts and crafts.

Strengths, skills, and abilities: Mary Jo is a friendly person with a great smile. She likes to be helpful. Mary Jo is able to advocate for herself and express her thoughts and opinions.

Natural Supports: Mary Jo has a sister that she is close to and talks to on the phone often.

Summary of waiver services: Mary Jo is on the DD waiver through Ramsey County. She receives case management; Adult SLS with REM; DT&H support, Employment Development and Transportation with PAI.

Informed choice: Mary Jo is her own guardian. She is able to understand and follow conversation. Mary Jo is able to ask questions if she needs something repeated or explained in more detail.

RESIDENTIAL

REM Inc

3556 Glen Oaks Ct

White Bear Lake Mn 55110

651-777-6843

GUARDIAN

Own guardian

DAY PROGRAM

PAI Commerce

1754 Commerce Ct
White Bear Lake Mn 55110
651-747-8740

CASE MANAGER

Lisa Topps
Ramsey Co Human Services
160 Kellogg Blvd #7800
St Paul Mn 55101
651-266-4274

Mary Jo stated she would like to move to a location with she ,Kevin and support staff as she likes to spend time with her husband, Kevin by herself.

Mary Jo likes to go window shop at malls, and going to Rosedale. Mary Jo reported she likes going to work, and taking breaks/lunch at work especially when she is working all day, and being able to buy things with her money.

She enjoys baking, or coloring and going to out to eat. Her favorite restaurant is Perkins.

Mary Jo's husband Kevin, her family, job , being social, looking nice and making her own decisions are important to her.

Mary Jo would like to do more traveling possibly another trip to Disney

PERSON INFORMATION

Date of Birth: 11/18/1956 **Age:** 64 yrs**Emergency Contacts**

Name	Relationship	Phone
REM INC- Prscilla - Program Supervisor	Other Non-Relative	(651) 777-6843

Notes/Comments**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Pat Thomason (sister)	Non Legal Authority	1436 McKinley St. Paul, MN 55108	(651) 645-7622

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		PMI#00591067	06/01/1982
Medicare - Part A		5M55PF9FJ61	11/01/1976
Medicare - Part B		5M55PF9FJ61	11/01/1976
Medicare - Part D		5M55PF9FJ61	01/01/2006

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
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Health Care Providers	Phone	Comments
Targeted Case Manager	(651) 266-4274	Lisa Topps :160 East Kellogg Blvd. Room 7800 St. Paul, MN 55101
DD Case Manager/Ramsey County		
Other	(651) 777-6843	Mindy Finneman- Feehan
REM Inc		
Dentist	(651) 699-0404	Dr. Charles Mendes/Mendes Family Dentistry:550 So. Snelling Ave.St. Paul, MN 55116
Other	(651) 747-8740	Phoenix Alternatives, Inc :1754 Commerce Court White Bear Lake, MN 55110
Vocational/Day Program		
Primary Physician	(651) 766-0520	Dr. Rossmiller:3550 Labore Road Suite 7 Vadnais Heights, MN 55110

Notes/Comments**WHAT'S IMPORTANT TO THE INDIVIDUAL****Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Mary Jo would like to plan a trip	02/01/2021		Annually

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Mary Jo would like to further her interest and skills with beading and crafts in general	01/31/2022		Annually
Mary Jo would like to go on a trip to Disney.	01/31/2022		annually

Action Steps for Goals:**What will the person do?**

Mary Jo will continue to cooperate and participate with informal and formal supports to build and maintain all skills necessary to achieve her goals of planning a trip and expanding her skills in beading and arts and crats in general. Mary Jo will continue to identify and advocate for her preferences, desires, and identified outcomes.

What will the case manager do?

Mary Jo's case manager will provide ongoing support, encouragement, advocacy, coordination of services, and access to additional supports and resources, as available and appropriate, to support her goals of planning a trip and expanding her skills in beading and arts and crats in general. Case manager will continue to advocate for Mary Jo's preferences, and identified outcomes.

Case Manager will monitor and coordinate informal and formal supports in order to reasonably assure health and safety. If there are questions, requests for updates, or issues with service provision, the case manager will help to resolve.

What will others do?

Representative Payee, will continue to assist with money management; assist with completion of all documents to maintain eligibility for state and federal benefit programs.

What will the provider do?

REM Inc and PAI will encourage Mary Jo in planning a trip and expanding her skills in beading and arts and crats in general. Providers will assist Mary Jo to build and maintain all skills to meet her goals and to ensure all her health and safety needs are met.

SUMMARY OF PROGRAMS AND SERVICES

Program Type Developmental Disability Waiver	Start Date 02/01/2021	End Date 01/31/2022	Annual Amount \$145,716.70	Total Plan Cost \$145,716.69	Avg Monthly \$12,143.06
Case Manager/Care Coordinator Lisa Topps		Case Manager/Care Coordinator Provider ID M846187500		Responsible Party Name	
Program Notes					

Service							
Case Management - 15 Minutes							
Start Date 02/01/2021	End Date 01/31/2022	Procedure Code T1016 UC	Frequency	Units 275	Rate \$23.19	Avg Monthly \$531.44	Total Service \$6,377.25
NPI/UMPI 1811055957	Status Approved	Provider Name RAMSEY COUNTY HUMAN SERVICES		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Supportive Services							
Support Instructions							
Service Notes Waiver case management: A service that provides people and their families with access to assessment, person-centered planning, referral, linkage, support plan monitoring, coordination and advocacy related to waiver services, resources and informal supports that are not necessarily funded through the waiver							

Service													
Case Management Aide (Paraprofessional) - 15 Minutes													
Start Date 02/01/2021	End Date 01/31/2022	Procedure Code T1016 TF UC	Frequency	Units 24	Rate \$9.39	Avg Monthly \$18.78	Total Service \$225.36						
NPI/UMPI 1811055957	Status Approved	Provider Name RAMSEY COUNTY HUMAN SERVICES		Funding Source DD Waiver		County of Service Ramsey							
Areas of Need Supportive Services													
Support Instructions													
Service Notes Waiver case management: A service that provides people and their families with access to assessment, person-centered planning, referral, linkage, support plan monitoring, coordination and advocacy related to waiver services, resources and informal supports that are not necessarily funded through the waiver													

Service													
Community Residential Services - Adult													
Start Date 02/01/2021	End Date 01/31/2022	Procedure Code S5140 UC U9	Frequency	Units 365	Rate \$282.24	Avg Monthly \$8,584.80	Total Service \$103,017.60						
NPI/UMPI 1477628758	Status Approved	Provider Name REM RAMSEY INC		Funding Source DD Waiver		County of Service Ramsey							
Areas of Need Quality of Life, Health Related/Medical, Cognitive and Behavior Supports, Communications, Home Management, Supportive Services, Self-Direction, Personal Assistance													
Support Instructions													
Service Notes Community residential services: Services that provide training and/or habilitation, ongoing residential care and supportive services to adults and/or children in a licensed setting. These services are individualized and based on the needs of the person, as identified in the support plan.													

Service Day Support Services - 15 Minutes							
Start Date 02/01/2021	End Date 01/31/2022	Procedure Code T2021 UC	Frequency	Units 2772	Rate \$3.42	Avg Monthly \$790.02	Total Service \$9,480.24
NPI/UMPI A984668900	Status Approved	Provider Name PHOENIX ALTERNATIVES INC-COMMERCE		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Employment/Training/Skill Building							
Support Instructions							
Service Notes Day support services: Individualized, community-based training and support services that help a person develop and maintain essential and personally enriching life skills so they can access and participate in activities they prefer in their community.							

Service							
Prevocational Services - 15 Minutes							
Start Date 02/01/2021	End Date 01/31/2022	Procedure Code T2047	Frequency	Units 2772	Rate \$3.42	Avg Monthly \$790.02	Total Service \$9,480.24
NPI/UMPI A984668900	Status Approved	Provider Name PHOENIX ALTERNATIVES INC-COMMERCE		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need							
Employment/Training/Skill Building							
Support Instructions							
Service Notes							
Prevocational services: Services that prepare people with disabilities for jobs with competitive pay and help them achieve greater independence in their community. Prevocational services teach general work skills and concepts rather than specific work skills for a particular job.							

Service							
Transportation - Per One Way Trip							
Start Date 02/01/2021	End Date 01/31/2022	Procedure Code T2003 UC	Frequency	Units 504	Rate \$34.00	Avg Monthly \$1,428.00	Total Service \$17,136.00
NPI/UMPI A984668900	Status Approved	Provider Name PHOENIX ALTERNATIVES INC-COMMERCE		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Employment/Training/Skill Building							
Support Instructions							
Service Notes Transportation services necessary to meet the person's needs and preferences in covered areas, as documented in their support plan.							

RISKS

How will Health and Safety Issues be Addressed?

Staff will provide Mary Jo with 24-hour plan of care. Staff and family will work with Mary Jo to build all skills necessary to be healthy, happy, and living the life she wants to. Formal providers are mandated reporters and will follow necessary protocol if there is any know violations against Mary Jo. Providers will follow all 245D licensing paperwork to ensure health and safety needs are met.

Mary Jo has a Representative Payee.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Mary Jo is a Vulnerable Adult who is at risk of physical, verbal, sexual and self-abuse, as well as neglect and financial exploitation.	Abuse, neglect and exploitation by others.	mary Jo has a 24-hour plan of care with support and supervision. she lives in a foster care home and attends a day program. Mary Jo has staff that are trained to work with VA and report suspected or actual abuse and/or exploitation and neglect as needed.

Summary plan/agreement reached to address the identified risks:

RESIDENTIAL: The residential provider will provide support and supervision 24 hours per day, 7 days per week. This includes provision of food, shelter, access to medical care, and training / support to assist Mary Jo in reaching her full potential in the areas of self-care, socialization, leisure / recreation, communication, community integration, money management, as well as any other area identified by the IDT. They will protect her as a Vulnerable Adult. They will participate as part of the IDT and meet at least semi-annually. They will provide assessments as directed by the team, with semi-annual written reports.

VOCATIONAL: The vocational services provider will provide services per the service agreement authorization. Supports will include transportation, supervision, training, leisure, recreation, and support necessary to assist in reaching her maximum potential in the vocational / recreational area as well as other areas identified by the IDT. They will protect Mary Jo as a Vulnerable Adult. They will participate as part of the IDT and meet at least semi-annually, with semi-annual written reports. They will provide assessments as directed by the team. The vocational provider will communicate with the residential provider and guardian if any medical-related or behavioral concerns arise or are observed during the time Mary Jo is in their program.

See IAPP, SMA, and CSSPA on file for more information.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Mary Jo looks to caregivers in emergency situations. Staff will assist Mary Jo on what to do in case of emergency conditions

and will be available to assist as needed.

Key Contact Name	Relationship	Phone Number
Pat Thomason	sister	(651) 654-7622
Priscilla Jacobs	REM staff	(651) 777-6843

Plan for emergency health events

Staff should monitor Mary Jo for health events as she may not be a reliable self reporter. If Mary Jo were to have an emergency health event, she should be taken to St John's Hospital, or if time is an issue, she can be sent to the nearest hospital.

Key Contact Name	Relationship	Phone Number
Priscilla Jacobs	REM staff	(651) 777-6843
Pat Thomason	sister	(651) 654-7622

Plan for unavailable staffing that puts the person at risk

Mary Jo has no alone time. Transferring staff must stay with Mary Jo until another staff person is available.

Key Contact Name	Relationship	Phone Number
Priscilla Jacobs	REM staff	(651) 777-6843
Pat Thomason	sister	(651) 654-7622