

ONE PAGE PROFILE



Name:	Nicholas Kessler
Age:	29

What people APPRECIATE about me:	What is IMPORTANT TO me:	How to SUPPORT me:
<ul style="list-style-type: none"> ○ People admire my passion for swimming. ○ People admire my growth in socializing with others in my community. ○ People appreciate my smile! ○ People like my energy! ○ People appreciate that I like to have fun and jump around. 	<ul style="list-style-type: none"> ○ It is important to me that I have soft, crunchy, sour, or sweet tasting food. I really like macaroni and cheese! ○ I enjoy preferred activities like swimming and bouncing on the trampoline. ○ I really enjoy music. I have a keyboard at home that I like to play. ○ I enjoy car rides. ○ I enjoy rocking with my dad while being held tight. ○ My parents are very important to me. I like spending time with them! 	<ul style="list-style-type: none"> ○ Please give me choices and let me make decisions on my own. ○ Please encourage me to be independent with tasks. ○ Please be mindful when I am near loud environments, I do not like to be in those situations. ○ I like routine and knowing what is going to happen. Please give me prompts and time to process when things are happening. ○ If I am upset, please allow me time to take a break to cool down.