



# Coordinated Services and Supports Plan (CSSP)

## ABOUT ME

**Anthony Clayton Qualley**

**Assessment Date:** 01/06/2021

**Plan Dates:** 03/01/2021 to 02/28/2022

**Developed by:** Angel Gonzalez-Mitchell (651) 728-2146

**Address:** 2089 Beam Avenue

Maplewood, MN 55109-1402

**County:** Ramsey

**Home:** (651) 777-3492

**Other:**

### **General Plan Notes:**

**Waiver Program:** Anthony is currently on the DD Waiver.

**Annual Visit Date:** 1/21/2021

**Hopes, dreams, aspirations:** Anthony would like to live at home for as long as possible. He would like to go into the community on social outings each week, and be offered a choice of what to participate in. He enjoys bowling and would like to join the Special Olympics bowling league. Anthony would like to attend church at St. Mark's Church. Anthony would like to continue to attend his community day program, visit with his friends there, and work with in-center contract work.

**Housing Discussion:** Anthony currently lives in the family home with his brothers. Anthony likes living with his brothers. All other housing options and choices have been offered to Anthony, and he is not interested in moving at this time.

**Community integration:** Anthony lives in the family home in a nice neighborhood in Maplewood. There is a park in the back yard. Anthony will go for walks in the park when the weather is nice. Anthony goes into the community each week with his family and staff. He likes to go to the movies by himself on the weekends. Anthony plays on a bowling league.

**Competitive employment discussion:** Anthony worked full time in the community at competitive employment for most of his adult life. Anthony is retired and is not interested in community employment at this time. Anthony enjoys going to his day program, and visiting with his friends, and doing in-center contract work.

**Routines/Rituals:** Anthony likes to be at home, watch tv, and spend time with his family. Anthony likes to go to the movies every

weekend by himself. Anthony gets one home delivered meal each day. He will warm up those meals by himself. Anthony attends his community day program each week. He looks forward to going each day and seeing his friends there.

**Strengths, skills, and abilities:** Anthony is a very friendly person who gets along well with others. He has a good sense of humor and likes to make others laugh. Anthony talks quietly so it may be hard to hear him at times. He likes for people to help him do things, so it is important that others encourage him to remain as independent as possible. Anthony likes to tell stories about history, in particular, pirates, outlaws, and trains.

The following works best when supporting Anthony: Having regularly scheduled time and day with staff. Know that he likes joking. Places he goes to need to be accessible. He likes to get out and about. The bowling league, and the Lumberjacks Christmas Party are places he likes to go each year. Anthony's friends at PAI are important to him - Pahoua and Dan, as well as his siblings - Dana and Starr. Anthony's health and remaining at home for as long as possible is important to him. It is important for Anthony to stay active and moving so that he can maintain his current strength and mobility.

**Natural Supports:** Anthony lives at home with two of his brothers. One of his brothers is Dana Qualley, is his primary caregiver and individualized home support w/out Training staff. He also sees and talks to his sister - Starr Knodle, on a regular basis. Starr Knodle and Dana Qualley attend team meetings and help to make decisions with Anthony.

**Summary of waiver services:** Anthony is currently on the DD waiver, lives at home with his brothers, receives Individualized Home Supports w/out Training from ACCORD, Individualized Home Supports w/Family Training from Bridges Aid Services, Homemaker from Bridges Aid Services, Home Delivered Meals from Pres Homes Optage, Transportation from PAI, and Day Programming Services from PAI. Anthony remains eligible for these services and is not interested in making any changes at this time.

**Informed choice:** Anthony is eligible for the DD Waiver, Elderly Waiver, and Rule 185. Case Manager explained and offered to Anthony and his family the different services and options available at this time. Anthony would like to remain on the DD waiver. He is not interested in making any changes at this time.

## PERSON INFORMATION

**Date of Birth:** 08/28/1947 **Age:** 73 yrs

### Emergency Contacts

Name	Relationship	Phone

Name	Relationship	Phone
Dana Qualley	Sibling	(651) 307-5410
Starr Knodle	Sibling	(952) 200-9769

**Notes/Comments**

**Decision Making Representatives**

Name	Type of Authority	Address	Phone
	Other		

**Notes/Comments**

Own Guardian and Rep Payee

**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process?  Yes  
 Is the person on medical assistance?  Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance	MA EPD	02583136	

**Notes/Comments**

**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 232-4800	Dr. Knutson, HE Midway, 1390 University Avenue W, St Paul MN

**Notes/Comments**

## WHAT'S IMPORTANT TO THE INDIVIDUAL

### Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Anthony wants to continue to attend his day program, visit with his friends, and earn money while working in center.	02/28/2022	PHOENIX ALTERNATIVES INC-COMMERCE -- A984668900	Semi Annually

### Action Steps for Goals:

#### What will the person do?

Anthony will continue to work with formal and informal supports to build and maintain skills necessary to achieve his goals. He will continue to advocate for himself and communicate his wants, needs preferences, and goals to his family, case manager, and any service providers to the best of his ability. He will work with those on his team to help identify services and supports that will help him achieve his goals. Anthony will continue to be afforded the opportunity to make choices in his daily life and participate in activities that interest him. He will attend annual team meetings, and meet with his Case Manager semi-annually. Anthony will be a part of his team and will review his goals and supports semi annually or more often as needed and requested.

#### What will the case manager do?

Case Manager will provide ongoing support, encouragement, advocacy, and coordination of services to Anthony, to help support preferences, needs, desires, and identified outcomes. Case Manager will attend annual team meetings, and meet with Anthony semi annually. Case Manager will review with Anthony his goals, progress, supports, needs, and concerns semi annually or more often as needed and requested. Case Manager will monitor and coordinate informal and formal supports in order to reasonably assure health and safety. If there are questions, requests for updates, or issues with service provision, the Case Manager will help to resolve.

**What will others do?**

FAMILY: Anthony's siblings will provide informal supports to help ensure that his health and safety needs are met, as well as help to build and maintain skills to help Anthony meet his goals. Anthony's family will take him in to the community on activities and shopping. They will assist with money management and budgeting. Anthony's family will assist him in completing applications and forms for federal and state benefits.

**What will the provider do?**

Anthony's providers will continue to respectfully work with him to build and maintain skills to help meet his goals, and to help ensure that his health and safety needs are being met. They will meet as a team on an annual basis, and will provide semi annual written reports. They will check in with Anthony on a routine basis to see how his services are going, and track his progress on his goals. They will include Anthony when setting up and creating goals. Bridges Aid Services will take Anthony into the community on activities and errands and offer him a choice of what he wants to do.

Bridges Aid Services will continue to provide Individualized Home Supports w/Family Training, and Homemaker Services for Anthony as stated in his service plan, and for as long as he chooses.

ACCORD will continue to provide Individualized Home Supports w/out Training for Anthony as stated in his service plan, and for as long as he chooses.

PAI will continue to provide Vocational Services / Day Training & Habilitation services for Anthony as stated in his service plan, and for as long as he chooses.

Pres Homes Optage will continue to provide Home Delivered Meals for Anthony as stated in his service plan, and for as long as he chooses.

## SUMMARY OF PROGRAMS AND SERVICES

<b>Program Type</b> Developmental Disability Waiver	<b>Start Date</b> 03/01/2021	<b>End Date</b> 02/28/2022	<b>Annual Amount</b> \$0.00	<b>Total Plan Cost</b> \$124,235.99	<b>Avg Monthly</b> \$10,353.00
<b>Case Manager/Care Coordinator</b> Angel Gonzalez-Mitchell		<b>Case Manager/Care Coordinator Provider ID</b> A979690800		<b>Responsible Party Name</b>	
<b>Program Notes</b>					

<b>Service</b>						
Day Support Services - 15 Minutes						
<b>Start Date</b> 03/01/2021	<b>End Date</b> 02/28/2022	<b>Procedure Code</b> T2021 UC	<b>Frequency</b>	<b>Units</b> 2772	<b>Rate</b> \$3.42	<b>Avg Monthly</b> \$790.02
<b>NPI/UMPI</b> A984668900	<b>Status</b> Approved	<b>Provider Name</b> PHOENIX ALTERNATIVES INC-COMMERCE		<b>Funding Source</b> DD Waiver	<b>County of Service</b> Ramsey	
<b>Areas of Need</b> Employment/Training/Skill Building, Self-Direction, Cognitive and Behavior Supports, Communications, Supportive Services, Quality of Life, Personal Security						
<b>Support Instructions</b>						
<b>Service Notes</b>						

Service						
Prevocational Services - 15 Minutes						
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly Total Service
03/01/2021	02/28/2022	T2047		2772	\$3.42	\$790.02 \$9,480.24
NPI/UMPI	Status	Provider Name		Funding Source		
A984668900	Approved	PHOENIX ALTERNATIVES INC-COMMERCE		DD Waiver Ramsey		
Areas of Need						
Personal Security, Quality of Life, Supportive Services, Communications, Employment/Training/Skill Building, Self-Direction, Cognitive and Behavior Supports						
Support Instructions						
Service Notes						

Service						
Transportation - Per One Way Trip						
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly Total Service
03/01/2021	02/28/2022	T2003 UC	2-Weekly	504	\$34.00	\$1,428.00 \$17,136.00
NPI/UMPI	Status	Provider Name	Funding Source	County of Service		
A984668900	Approved	PHOENIX ALTERNATIVES INC-COMMERCE	DD Waiver	Ramsey		
Areas of Need						
Employment/Training/Skill Building, Personal Security						
Support Instructions						
Safe transportation to and from work / day program 5 days per week.						
Service Notes						

## RISKS

### How will Health and Safety Issues be Addressed?

Anthony is currently on the DD waiver, lives at home with his brothers, receives Individualized Home Supports w/out Training, Individualized Home Supports w/Family Training, Homemaker, and Home Delivered Meals. Anthony attends a DTH for vocational / recreational services. Anthony's family and staff will provide a 24-hour plan of care. Staff and Family will work with Anthony to build skills necessary for him to be healthy, happy, and living the life he wants. Anthony is his own guardian and rep payee, but needs the assistance of his family to help him with budgeting and managing his funds. Anthony's brother, Dana Qualley, and his sister, Starr Knodle, help to advocate and make decisions with Anthony. Formal providers are mandated reporters and will follow necessary protocol if there is any known violations against Anthony. Providers will follow all 245D licensing paperwork to help ensure that Anthony's health and safety needs are being met.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Anthony may be at risk of falling if he walks to fast, to far, or on slippery surfaces.	Injury from Falls.	Anthony has a walker that he will use when needed, or someone will provide arm assistance to Anthony.
Anthony has incontinence and may not always change his pad or clothing appropriately.	Decline in Hygiene	Anthony has a 24 hour plan of care with support. He lives at home with his brother who provides Individualized Home Supports w/out Training, he receives Individualized Home Supports w/Family Training, Homemaker Services, Home Delivered Meals, and attends a community day program. Anthony has staff that are trained to work with Vulnerable Adults and report suspected abuse as needed.
Anthony is a Vulnerable Adult who is at risk of physical abuse, verbal abuse, sexual abuse, and financial exploitation.	Abuse and Exploitation	Anthony has a 24 hour plan of care with support. He lives at home with his brother who provides Individualized Home Supports w/out Training, he receives Individualized Home Supports w/Family Training, Homemaker Services, Home Delivered Meals, and attends a community day program. Anthony has staff that are trained to work with Vulnerable Adults and report suspected abuse as needed.

**Summary plan/agreement reached to address the identified risks:**

RESIDENTIAL: Anthony's siblings, Individualized Home Supports w/out Training, and Individualized Home Supports w/Family

Training staff will provide support and a 24 hour plan of care to Anthony. This includes provision of food, shelter, access to medical care, and training / support to assist Anthony in reaching his full potential in the areas of self care, socialization, leisure / recreation, communication, community integration, money management, and behavioral management as well as any other area identified by the team. They will protect him as a Vulnerable Adult. They will participate as part of the team and meet at least annually. They will provide assessments as directed by the team, with semi-annual written reports.

VOCATIONAL/DTH: The vocational/DTH provider will provide services per the service agreement authorization. Supports will include transportation, supervision, training, vocational services, leisure, recreation, and support necessary to assist Anthony in reaching his maximum potential in the vocational / recreational area as well as other areas identified by the team. They will protect him as a Vulnerable Adult. They will participate as part of the team and meet at least annually, with semi-annual written reports. They will provide assessment as directed by the team. The vocational provider will communicate with the residential provider and guardian if any medical-related or behavioral concerns arise or are observed during the time Anthony is in their program.

Please see the Individual Abuse Prevent Plan, Self Management Assessment, and Community Services Support Plan Addendum on file from Bridges Aid Services and PAI for more specific information.

## Emergency & Back Up Plans

### Plan for unforeseen events (e.g, weather, storms, power outages)

Anthony lives at home with his brother, Dana Qualley. In cases of emergencies, Dana would assist Anthony to safety. Anthony is also able to call 911. Anthony lives in the basement of the home so he would exit thru the garage or back door in an emergency.

Key Contact Name	Relationship	Phone Number
Dana Qualley	Brother and Primary Caregiver	(651) 307-5410
Starr Knodle	Sister - Helps to Make Decisions with Anthony and Dana	(952) 200-9769

### Plan for emergency health events

Anthony lives at home with his brother, Dana Qualley, who would assist him to get medical attention. Anthony is able to call 911 if needed. Anthony's staff would assist Anthony in getting medical attention during the time they are working with him. Anthony

would go to his hospital preference, which is also the nearest hospital to his home: St. John's Hospital. Anthony is his own guardian, but his sister - Starr Knodle, and brother - Dana Qualley, help make medical decisions with him.

Key Contact Name	Relationship	Phone Number
Dana Qualley	Brother and Primary Caregiver	(651) 307-5410
Starr Knodle	Sister - Helps to Make Decisions with Anthony and Dana	(952) 200-9769
St. Johns Hospital: 1575 Beam Avenue, Maplewood MN 55109	Hospital Preference	(651) 232-7000
Dr. Knutson: HE Midway Clinic: 1390 University Ave W, St Paul MN	Primary Doctor	(651) 232-4800
Kaila Covington: Bridges Aid Services	Individualized Home Supports (w/Family Training) & Homemaker Provider	(763) 333-4886

**Plan for unavailable staffing that puts the person at risk**

Anthony would go to the hospital until alternative arrangements could be made for him.

Key Contact Name	Relationship	Phone Number
St. Johns Hospital	Hospital Preference	(651) 232-7000
Dr. Knutson	Primary Doctor at HealthEast Midway Clinic	(651) 232-4800