

Coordinated Services and Supports Plan (CSSP)

ABOUT ME

DAVID R. WASSMAN

Preferred Name: David

Assessment Date: 09/16/2020

Plan Dates: 11/01/2020 to 10/31/2021

Developed by: Mary Polachek-King (612) 522-7055

Address: 2155 Suburban Avenue
Saint Paul, MN 55119-4610

County: Ramsey

Home: (651) 739-0284

Work:

Other: (651) 398-0574

General Plan Notes:

David lives in an Adult Foster Care Home in St. Paul with his housemates. David tends to be a happy smiley guy who communicates with vocalizations and body expressions. A bad day for David is when he is sick, and those are the days, David isn't smiling. David enjoys one-to-one interactions especially with those that he has had a long term relationship with. He also likes to explore sensory items, water activities, attend his DT&H Program/PAI, hand massages, greeting his long-term friend at PAI, socializing with his peers at mug club, listening to favorite sounds such as a Harley Davidson motorcycle being revved up, and enjoying his coffee. It is important for David to have the consistency of staff at his home and his DT&H program that understand, know, and can anticipate his needs. It is also important for David to have caregivers that support him and are well trained in all his physical cares, emotional needs, communication style, medical needs, and all of his likes and dislikes. Currently, David isn't attending PAI since his team believes that David is too vulnerable to get sick from COVID. David would like to return to his vocational program when David, Guardian, and his team feel it is safe to return. David's current routine involves daily activities that are supported by David's staff. Daily activities include personal cares, dressing, eating, positioning, interactions with his staff, playing with sensory items, and social and recreational activities.

Guardian: Carmen Sisson
DHS: Ramsey County
160 E. Kellogg Blvd. Room 7800

St. Paul, MN 55101
651-266-4849
Carmen.sisson@co.ramsey.mn.us

Case Manager: Mary King
People Incorporated
651-522-7055 ext. 2607
Mary.king@peopleincorporated.org

Residential and RepPayee
Phoenix Residence Inc.
2155 Suburban Ave.
St. Paul, MN 55119
651-739-0284
Nicole Novak program manager

Day Program: Currently not attending
Phoenix Alternative Inc. Oakdale
6866 33rd St. N. Suite 150
Oakdale, MN
651-748-0373

PERSON INFORMATION

Date of Birth: 03/26/1960 **Age:** 60 yrs

Emergency Contacts

Document ID: 746305

Print Date: 10/16/2020

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Name	Relationship	Phone
Niki Novak	Other Non-Relative	(651) 398-0574
Carmen Sisson	Guardian/Legal Representative	(651) 266-4849

Notes/Comments**Decision Making Representatives**

Name	Type of Authority	Address	Phone
DHS-Ramsey County - Carmen Sisson	Public Guardian	160 E Kellogg Blvd Room 7800 St. Paul, MN 55101	(651) 266-4849

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medicare - Part B			12/01/1984
Medicare - Part A			12/01/1984
Medicare - Part D			01/01/2006
Medical Assistance		00687618	

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 342-1482	Kelsey McFarlene Bluestone Physicians 270 North Main St. Suite 300 Stillwater, MN 55082 comes to the house

Notes/Comments**WHAT'S IMPORTANT TO THE INDIVIDUAL****Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
David's guardian, Carmen Sisson, says she thinks David would want the following goal: To stay healthy and stay out of the hospital.	10/31/2021	SUBURBAN HOUSE -- A337218900	Semi-annually
David would like to return to PAI, when he will be safe from COVID, where he is able to socialize with his friends and staff, engage in sensory experiences, great his best friend, and increase his skills to communicate his choices.	10/31/2021	PHOENIX ALTERNATIVES INC -- M784481600	Semi-annually
David will continue to live at his current home, Suburban House, where he will receive care from well-trained staff that will support and understand his: medical needs, physical cares, emotional well-being, exploration of sensory items, communication style, and preferred choices.	10/31/2021	SUBURBAN HOUSE -- A337218900	Semi-annually

Action Steps for Goals:

What will the person do?

David will continue to express his wants/needs/preferences using his vocalizations and body movements.

David will continue to live at Suburban House with his friend/housemate of 30 years.

David will return to attend PAI, when his team feels that it is safe from COVID, where he will explore sensory items, socialize with his friends, hang out with his volunteers, interact with staff, work on communication with choices, experience sounds, and participate in leisure and recreational opportunities.

What will the case manager do?

David's Case Manager will assure that all services available to David are provided and that his health and safety needs are accurately addressed.

Case Manager will coordinate open communication between all parties involved in David's care.

Case Manger will assist David with obtaining needed adaptive equipment or house modifications.

Case Manager will meet with David and his Guardian at least twice per year to review David's services, goals, medical status, updates from PAI/DT&H, likes, dislikes, and services with Suburban House.

Case Manager will review progress reports sent at least semi-annually from Suburban House and PAI.

Case Manager will review any incident or accident report that occurs regarding David.

What will others do?

David's Guardian will work with the medical professionals to assure David's medical needs are being met.

His Guardian will advocate for his wants/preferences.

His Guardian will continue to exercise her powers and responsibilities, unless stated differently in the guardianship order, of establishing place of abode(residential); care, comfort, and maintenance needs: personal property; medical care; contract; exercise supervisory authority; and assure eligibility for government benefits. The Guardian will complete her annual filing responsibilities as mandated by the court.

Representative Payee-Phoenix/Suburban House will assure that David's finances are accurately handled, that his annual medical assistance renewal packet is completed accurately and submitted on time. They will communicate with his guardian when/if he is getting close to his asset limit to develop a plan on how to spend down his money.

The Guardian will meet with David and his Case Manager at least twice per year to discuss David's services, medical status, goals, Providers, and David's likes and dislikes.

What will the provider do?

Phoenix Residence/Suburban House and Phoenix Alternatives (when he is safely able to return from COVID)staff will coordinate services to assure that consistent methods are being used by all staff supporting David. All staff working with David will be well trained and consistent with supporting David's needs with: mobility, health/medical, feeding, emotional well being, communication style, sensory exploration, community recreation, leisure/social activities, personal cares, positioning, preferences, likes, and dislikes.

All staff working with David will understand that David likes to be engaged by different sounds but can also be startled by loud sounds.

All staff working with David will talk to him throughout the task being worked on.

All staff will be aware of keeping David safe at all times since he doesn't have any self preservation skills.

All staff working with David will provide him with choices and understand his preferences.

All staff will provide David with ongoing sensory experiences such as music or hand massages.

All staff working with David will assist him with interacting with his peers, favorite housemate, best friend at PAI, and volunteers.

SUMMARY OF PROGRAMS AND SERVICES

Program Type Developmental Disability Waiver	Start Date 11/01/2020	End Date 10/31/2021	Annual Amount \$119,425.80	Total Plan Cost \$113,043.26	Avg Monthly \$9,420.27
Case Manager/Care Coordinator Mary King		Case Manager/Care Coordinator Provider ID A698695200		Responsible Party Name Carmen Sisson	
Program Notes					

Service							
Case Management - 15 Minutes							
Start Date 11/01/2020	End Date 10/31/2021	Procedure Code T1016 UC	Frequency 5-Flexible Use	Units 150	Rate \$23.19	Avg Monthly \$289.88	Total Service \$3,478.50
NPI/UMPI A777640300	Status Pending	Provider Name PEOPLE INC		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Personal Security, Supportive Services, Personal Assistance, Health Related/Medical, Quality of Life, Cognitive and Behavior Supports, Communications							
Support Instructions Case Manager will review any changes in David's health and review incident, and accident reports. David is very vulnerable and doesn't have any self-preservation skills							
Service Notes David has been authorized to receive 150 units of Case Management services throughout his annual year. Case Manager will visit David and his Guardian at least twice per year to review his services, medical status, goals, choices where David wants to live and his choice with his day services. Case Manager will work to obtain adaptive equipment that is requested by David's Provider's.							

Service							
Case Management Aide (Paraprofessional) - 15 Minutes							
Start Date 11/01/2020	End Date 10/31/2021	Procedure Code T1016 TF UC	Frequency 5-Flexible Use	Units 24	Rate \$9.39	Avg Monthly \$18.78	Total Service \$225.36
NPI/UMPI A777640300	Status Pending	Provider Name PEOPLE INC		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Supportive Services							
Support Instructions The Case Manager will receive 24 units of clerical support for David's case during his annual year.							
Service Notes Case Manager will receive 24 units of clerical support for David's case during his annual year.							

Service							
Supported Living Services, Adult, Corporate - Daily							
Start Date 11/01/2020	End Date 10/31/2021	Procedure Code T2016 U9	Frequency 1-Daily	Units 365	Rate \$299.56	Avg Monthly \$9,111.62	Total Service \$109,339.40
NPI/UMPI A337218900	Status Pending	Provider Name SUBURBAN HOUSE		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need							
Health Related/Medical, Communications, Quality of Life, Personal Assistance, Supportive Services							
Support Instructions							
All staff working with David must be well trained with all of David's personal cares, eating needs, medial needs, communication style, sensory needs, and preferences. David is non verbal and vison impaired. Staff must understand David's non verbal communication and observe him for facial and body communication. Staff will also ensure that David has options of sensory items to choose from and has opportunities for experiences in his community. All staff must be aware that David is a very social individual and needs one-to-one interaction and ongoing verbal communication from his staff to orientate him to the task being worked on and to his environment.							
Service Notes							
David has been authorized 365 days at Suburban House. On 3/18/2020, David's rate for his residential program increased and was approved due to David being home during the day since PAI closed, temporarily, due to COVID-19. Suburban House will keep Guardian and Case Manager updated with any changes with David's health or behaviors. Suburban House will send progress reports to the Case Manager and Guardian at least twice per year. Any accident or incident reports will also be sent to the Guardian and Case Manager.							

RISKS

How will Health and Safety Issues be Addressed?

David is unable to report abuse or neglect or to indicate wants/needs. He has no self-preservation skills. David needs total physical assistance to assure his safety in any emergency situation, David does not have purposeful movement of his body.

David requires 24-awake plan of care, he has no alone time. David is never in the community unsupervised, as he does not have the proper street safety skills. He would not be able to ask anyone for assistance if lost and is vulnerable to strangers. Staff are always within visual or auditory range of David.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
David is a vulnerable adult without any self-preservation skills. He is at risk for physical abuse, verbal abuse, and sexual abuse.	David is at risk of being physically, verbally, and sexually abused.	David is supervised 24 hours awake supervision. He doesn't have any alone time at home or in the community.

Summary plan/agreement reached to address the identified risks:

David is a very vulnerable adult. He has limited communication skills and is unable to act in an emergency due to his limited mobility. David is non verbal and visually impaired. David relies on his caregivers for every daily aspect of his life. David receives 24 hour awake supervision to assure that all of his health and safety needs are met.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

David has 24 hours staff supervision. David's staff will be responsible to ensure his safety during unforeseen events.

Key Contact Name	Relationship	Phone Number
Niki Novak	Residential Supervisor/Suburban House	(651) 398-0574

Plan for emergency health events

David has 24 hour staff supervision. David's staff will be responsible to act in David's behalf for any emergency health event.

Key Contact Name	Relationship	Phone Number
Niki Novak	Residential Supervisor/Suburban House	(651) 398-0574

Plan for unavailable staffing that puts the person at risk

David has 24 hour staff supervision. Phoenix residence is responsible to provide staffing for David 24 hours per day.

Key Contact Name	Relationship	Phone Number
Niki Novak	Residential Supervisor/Suburban House	(651) 398-0574