

PAI

Individual Abuse Prevention Plan (IAPP)

Instructions and requirements:

This program is required to establish and enforce ongoing written individual abuse prevention plans as required under Minnesota Statutes, section [626.557](#), subdivision 14 and section [245A.65](#), subdivision 2 (b).

Development and review of the plan: An individual abuse prevention plan shall be developed for each new person as part of the initial individual program plan or service plan required under the applicable licensing rule. The review and evaluation of the individual abuse prevention plan shall be done as part of the review of the program plan or service plan. The person receiving services shall participate in the development of the individual abuse prevention plan to the full extent of the person's abilities. If applicable, the person's legal representative shall be given the opportunity to participate with or for the person in the development of the plan. The interdisciplinary team shall document the review of all abuse prevention plans at least annually, using the individual assessment and any reports of abuse relating to the person. The plan shall be revised to reflect the results of this review.

Plan contents: The plan shall include a statement of measures that will be taken to minimize the risk of abuse to the vulnerable adult when the individual assessment required in section 626.557, subdivision 14, paragraph (b), indicates the need for measures in addition to the specific measures identified in the program abuse prevention plan. The measures shall include the specific actions the program will take to minimize the risk of abuse within the scope of the licensed services, and will identify referrals made when the vulnerable adult is susceptible to abuse outside the scope or control of the licensed services. When the assessment indicates that the vulnerable adult does not need specific risk reduction measures in addition to those identified in the program abuse prevention plan, the individual abuse prevention plan shall document this determination.

Requirements of [626.557](#), subd. 14(b): Each facility, including a home health care agency and personal care attendant services providers, shall develop an individual abuse prevention plan for each vulnerable adult residing there or receiving services from them. The plan shall contain an individualized assessment of: (1) the person's susceptibility to abuse by other individuals, including other vulnerable adults; (2) the person's risk of abusing other vulnerable adults; and (3) statements of the specific measures to be taken to minimize the risk of abuse to that person and other vulnerable adults. For the purposes of this paragraph, the term "abuse" includes self-abuse.

Persons with history of violent crime an act of physical aggression toward others: If the program knows that the vulnerable adult has committed a violent crime or an act of physical aggression toward others, the individual abuse prevention plan must detail the measures to be taken to minimize the risk that the vulnerable adult might reasonably be expected to pose to visitors to the facility and persons outside the facility, if unsupervised. Under this section, a facility knows of a vulnerable adult's history of criminal misconduct or physical aggression if it receives such information from a law enforcement authority or through a medical record prepared by another facility, another health care provider, or the facility's ongoing assessments of the vulnerable adult.

Legal Authority: MS §§ [245D.071](#), subd. 2, [245A.65](#), subd. 2, and [626.557](#), subd. 14

PAI

Individual Abuse Prevention Plan (IAPP)

Person's Name: Kelly Swenberger

Program: PAI Commerce

Instructions: For each area, assess whether the person is susceptible to abuse by others and the person's risk of abusing other vulnerable people. If susceptible, indicate why by checking the appropriate reason or by adding a reason. Identify specific measures to be taken to minimize the risk within the scope of licensed services and identify referrals needed when the person is susceptible outside the scope or control of the licensed services. If the person does not need specific risk reduction measures in addition to those identified in the program abuse prevention plan, document this determination and identify the area of the program prevention plan that addresses the area of susceptibility.

A. Sexual abuse

Is the person susceptible to abuse in this area? Yes (if any area below is checked) No

- Lack of understanding of sexuality
- Likely to seek or cooperate in an abusive situation
- Inability to be assertive
- Other:

Specific measures to minimize risk of abuse for each area checked:

- Kelly is diagnosed with a developmental disability that impacts her understanding of sexuality. Kelly cannot differentiate between appropriate interactions/actions and those that are sexual/inappropriate.
- Kelly cannot identify appropriate and inappropriate touches and behaviors, putting her at risk of cooperating in an abusive situation. Kelly is a trusting individual and may be additionally susceptible to abuse if the perpetrator was a known and trusted individual.
- Kelly is diagnosed with anxiety which impacts her ability to be assertive. Kelly would likely be experiencing high anxiety in an abusive situation. When Kelly is experiencing high anxiety, Kelly may have a high pitched voice, shriek, and repeat the same phrase repetitively. Kelly may not be able to express her thoughts and feelings and her speech may be hard to understand to unfamiliar listeners.
- **All Areas:** Kelly will be encouraged to participate in social skills classes available at PAI to work on appropriate boundaries and relationships with others. Staff are always with Kelly in the community and at PAI and will help Kelly advocate on her behalf. If staff ever found or suspected that Kelly was in an abusive situation, staff would help Kelly leave the situation immediately and relocate her to a safe location. Staff would notify Kelly's residence and guardian and help Kelly make a report or contact the authorities if necessary. All staff at PAI are mandated reporters. Staff are trained at time of hire on mandated reporting and annually thereafter.

Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred). No referrals needed in this area.

PAI

B. Physical Abuse

Is the person susceptible to abuse in this area? Yes (if any area below is checked) No

- Inability to identify potentially dangerous situations
- Lack of community orientation skills
- Inappropriate interactions with others
- Inability to deal with verbally/physically aggressive persons
- Verbally/physically abusive to others
- "Victim" history exists
- Other:

Specific measures to minimize risk of abuse for each area checked:

- Kelly is diagnosed with a developmental disability which impacts her ability to identify potentially dangerous situations. Kelly is not always observant of her surroundings and can be preoccupied when she's experiencing anxiety. Kelly is a trusting individual and does not recognize that strangers may be dangerous.
- Kelly lacks community orientation skills. Kelly experiences high anxiety during transportation, and has scratched others before when on the bus and may have a high-pitched voice, shriek, wide eyes, and/or a nervous laugh. Kelly does not follow safe pedestrian rules or stranger safety. Kelly cannot walk and navigate obstacles without assistance. Kelly has limited speech and may be hard to understand to unfamiliar listeners. Kelly cannot relay her ID information to others. If Kelly was lost, she would likely be experiencing high anxiety and would not be able to participate in reciprocal conversation.
- Kelly is diagnosed with anxiety which can lead to her having inappropriate interactions with others. When anxious, Kelly may have a high-pitched voice, shrieks, wide eyes, and/or nervous laugh. Kelly may ask, "can I scratch your eyes out?" or say other inappropriate things to others.
- Due to Kelly's physical limitations, Kelly is unable to deal with verbally/physically aggressive persons. Kelly would likely not know how to respond and would need physical assistance and encouragement to leave the area and go somewhere safer.
- Kelly is diagnosed with anxiety which can lead to her being verbally/physically aggressive towards others. Kelly has a history of grabbing, scratching, and pinching others when anxious. When staff is walking with Kelly and assisting by hand, Kelly may grab and pinch staff's arm when Kelly gets anxious about obstacles or a potentially slippery surface. When anxious, Kelly may have a high-pitched voice, shrieks, wide eyes, and/or nervous laugh. Kelly may ask, "can I scratch your eyes out?" or say "scratch the kids eyes out" or other inappropriate things to others.
- **All Areas:** Kelly participates in fire and storm drills at PAI to practice how to react in an emergency situation. Staff will always be with Kelly in the community and will advocate on Kelly's behalf. Whether on-site or in the community, staff will walk with Kelly at all times and let Kelly hold onto their arm or hand for stability. Staff will let Kelly go her own speed and provide Kelly with verbal encouragement that her surroundings are safe and help her navigate obstacles. Staff will model safe pedestrian skills and stranger safety and prompt Kelly to follow these as needed. Staff carry Kelly's basic health information and ID information with when in the community and would share this information with emergency personnel if required. If Kelly was ever in a situation involving a verbally/physical aggressive person, staff would encourage Kelly to leave the area and physically assist her in leaving by letting Kelly hold onto their arm or hand for stability. Staff would ensure Kelly wasn't hurt and felt safe before returning to the area. If Kelly is experiencing high anxiety and is having inappropriate interactions with others or being aggressive, staff would ask Kelly to stop and offer her another activity to do to redirect the behavior. Staff will offer Kelly sensory activities and a

PAI

change in environment to help ease her anxiety. All staff at PAI are mandated reporters. Staff are trained at time of hire on mandated reporting and annually thereafter.

Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred). No referrals needed in this area.

C. Self Abuse

Is the person susceptible to abuse in this area? Yes (if any area below is checked) No

- Dresses inappropriately
- Refuses to eat
- Inability to care for self-help needs
- Lack of self-preservation skills (ignores personal safety)
- Engages in self-injurious behaviors
- Neglects or refuses to take medications
- Other:

Specific measures to minimize risk of abuse for each area checked:

- Kelly is diagnosed with a developmental disability and has physical limitations which make Kelly unable to care for her self-help needs. Kelly does not always indicate when she needs to use the restroom and cannot physically get to the restroom herself. Kelly may need help cleaning up after using the restroom and does not always do some tasks, like hand washing, thoroughly.
- Kelly lacks self-preservation skills. Kelly is not always observant of her surroundings and can be preoccupied when she's experiencing anxiety. Due to Kelly's anxiety, Kelly does not always accurately detect the danger of certain situations when walking and needs someone to reassure her.
- Kelly may engage in self-injurious behaviors. Kelly may pick at her hair, eyebrows, eyelashes, or pubic hair. This appears to be a compulsive tendency and tends to occur if she is left alone in the restroom.
- **All Areas:** Staff will ask Kelly if she needs to use the restroom at PAI in the morning and afternoon and will physically assist Kelly to the restroom by letting Kelly hold onto staff's arm or hand. Staff will give Kelly privacy when using the restroom, but staff will hand Kelly toilet paper to hold in her hands (both to use and to occupy her hands from picking) and will stay in the restroom until Kelly has finished. Staff will assist Kelly with cleaning as needed. Staff will provide Kelly verbal reminders to finish tasks, like hand washing, thoroughly. Staff will walk with Kelly at all times and let Kelly hold onto their arm or hand for stability. Staff will let Kelly go her own speed and provide Kelly with verbal encouragement that her surroundings are safe and help her navigate obstacles. All staff at PAI are mandated reporters. Staff are trained at time of hire on mandated reporting and annually thereafter.

Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred). No referrals needed in this area.

PAI

D. Financial Exploitation

Is the person susceptible in this area? Yes (if any area below is checked) No

- Inability to handle financial matters
 Other:

Specific measures to minimize risk of abuse for each area checked:

- Kelly is unable to handle financial matters independently. Kelly has a limited understanding of the money value has.
- **All Areas:** When Kelly needs money for a community outing, a note will be sent home with Kelly a few days prior to the outing, requesting that Kelly bring cash that day. Kelly will bring cash in with her that day and keep it with her the duration of the day. Staff will help Kelly make the transaction, ensure she has gotten a receipt and correct change, and help Kelly secure the change back with her belongings. Kelly's residence helps Kelly manage and track her finances at home.

Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred). No referrals needed in this area.

E. Is the program aware of this person committing a violent crime or act of physical aggression toward others? Yes No

Specific measures to be taken to minimize the risk this person might reasonably be expected to pose to visitors to the program and persons outside the program, if unsupervised: N/A

Referrals made when the person is susceptible to abuse outside the scope or control of this program (Identify the referral and the date it occurred). No referrals needed in this area.

An individual abuse prevention plan is developed for each new person as part of the initial service plan. The person will participate in the development of the plan to the full extent of their ability. When applicable, the person's legal representative will be given the opportunity to participate with or for the person in the development of the plan. The interdisciplinary team will document the review of the plan at least annually, using an individual assessment, as required in MN Statutes, section 245D.071, subd. 3, and any reports of abuse relating to the person. The plan shall be revised to reflect the results of this review.