

Owakihi, Inc.
Training Summary Form

I. Employee: Mitchell Puskas Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: 2.0
Source: Scott County

II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. Training Procedures

Training Format

<input checked="" type="checkbox"/>	Self Study	Written:	<input checked="" type="checkbox"/>	Knowledge Testing (Quiz)
<input type="checkbox"/>	Individualized Training	Oral Presentation and Dialogue	<input type="checkbox"/>	Observed Skill Assessment
<input type="checkbox"/>	Team Meeting	Guided Observation	<input type="checkbox"/>	Other: _____
<input type="checkbox"/>	Owakihi Inservice	Guided Practice		
<input type="checkbox"/>	Other: _____	Other: _____		

Competency Evaluations

IV. Date(s): 7/16/21 Trainer/Position: _____
(M/D/Y) Trainer Signature: _____
Time(s): _____ (AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: Mitchell Puskas

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

Self-Test for Children's Mental Health Training Credit: _____
(Scott County)

Employee Name: Mitchell Prueher Date of Quiz: _____

1. Name three of the mental health diagnoses discussed.

Autism, Depression and Anxiety

2. Autism is a Neurologically based disorder of development.

3. One in five teens has Depression.

4. Threats of suicide have three of the five "dos". Name them: Know who to call, How to intervene
Always take it seriously

5. Name two diagnoses depression can present with: Anxiety and PTSD.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered Trauma.

8. A child develops Coping Skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay calm, find the time, have a plan for a meltdown.

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

They are the abuser and they have abandoned the child

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long disorder.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

School, Social Services and Police

Mitchell Prueher
Staff signature

Training Date

Training Times