

Owakihi, Inc.

Training Summary Form

I. Employee: Sophis Lay Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: 2
Source: Scott County

II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. Training Procedures

Training Format

Self Study _____
Individualized Training _____
Team Meeting _____
Owakihi Inservice _____
Other: _____

Instructional Methods

Written: _____
Oral Presentation and Dialogue _____
Guided Observation _____
Guided Practice _____
Other: _____

Competency Evaluations

Knowledge Testing (Quiz) _____
Observed Skill Assessment _____
Other: _____

IV. Date(s): 2/17/22 Trainer/Position: Lindsay M. Peck
(M/D/Y) Trainer Signature: [Signature]
Time(s): _____ (AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

Self-Test for Children's Mental Health Training

Credits: _____

(Scott County)

Employee Name: Sophia Lay

Date of Quiz: 02/14/22

1. Name three of the mental health diagnoses discussed.

Autism, PTSD and FASD

2. Autism is a Neurologically based disorder of development.

3. One in five teens has Depression.

4. Threats of suicide have three of the five "dos". Name them: Always take seriously, seek professional help, know how to intervene

5. Name two diagnoses depression can present with: Anxiety and PTSD.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay calm, Find the time, Get some history if possible

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during Middle school years.

11. Attachment patterns are formed in the first 3 (three) years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they lied to the child and they are abusive

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long challenge.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

The school, social services and mental health professional

JAN Ped, D.D 2/17/22