

## Training Summary Form

I. **Employee:** Heilyn Haugen      Topic: FETAL ALCOHOL SPECTRUM DISORDER 425      Credit Hours \_\_\_\_\_

II. **Description of Training Content:**

Review and instruction on materials regarding Fetal Alcohol Syndrome Disorders (FASD). Includes description of signs and symptoms of FASD, factors that impact FASD, associated performance problems, intervention methods for risk reduction, and treatment strategies. Also includes resources including websites.

III. **Training Procedures**

**Training Format**

Self Study  
 Individualized Training  
 Team Meeting  
 Owakhi Inservice  
 Other: \_\_\_\_\_

**Instructional Methods**

Written: See above  
Video/DVD: \_\_\_\_\_  
Oral Presentation and Dialogue  
Guided Practice  
Other: \_\_\_\_\_

**Competency Evaluations**

Knowledge Testing (Quiz)  
 Observed Skill Assessment  
Other: \_\_\_\_\_

IV. **Date(s):** 1/8/2021

(M/D/Y)

**Time(s):** \_\_\_\_\_

(AM or PM)

Trainer/Position: District Director

Trainer Signature: Heilyn Haugen

*I understand the information I received and my responsibilities for implementation with this company and persons served.*

Employee Signature: Heilyn Haugen

## Training Module 425 Quiz

### FETAL ALCOHOL SPECTRUM DISORDERS (FASD)

EMPLOYEE NAME: Hevyn Haugen DATE OF QUIZ: 01/08/2021

**Directions:** Upon completion, please return the completed quiz and attached Training Summary Form to your Designated Coordinator (DC) or Designated Manager (DM) for review and approval.

1. Fetal alcohol syndrome (FAS) is a condition that results from consuming alcohol during pregnancy.
2. Place a check next to the following statements which are true about fetal alcohol syndrome:
  - a.  FASD is preventable.
  - b.  FASD is a lifelong disability.
  - c.  A stable, nurturing home is the single most important factor in protecting children with FASD from later problems including drug abuse, dropping out of school and encounters with the juvenile justice system.
  - d.  Traditional interventions do not work with FASD youth who cannot associate a consequence with a behavior.
3. The Mayo Clinic article identifies several signs of fetal alcohol syndrome. List three signs:
  - a. deformities of joints, limbs, & fingers
  - b. vision difficulties or hearing problems
  - c. slow physical growth before & after birth
4. According to the MN Adopt Fact Sheet, five strategies to keep in mind when working with children and adolescents with FASD are:
  - a. Keep information concrete
  - b. consider poor behavior as a physically unmet need
  - c. maintain consistency
  - d. use repetition
  - e. maintain stable routines
5. a. Please identify any questions that you have at this time regarding FASD:
 

\_\_\_\_\_
- b. Identify 2 agency resources that you can use for more information and/or consultation:
 

1) Tierra Spellmon 2) Heidi Mangan

#### KNOWLEDGE TESTING BY TRAINER

- Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s) \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- The employee identified above has demonstrated competency in completion of the quiz questions.

Signature of DC or DM

Date

1/8/21