



Training Summary Form

I. Employee: Heilyn Hawgen Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: _____
Source: Scott County

II. Description of Training Content: <https://www.scottcountymn.gov/239/Online-Video-Training>

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. Training Procedures

Training Format

Self Study _____
Individualized Training _____
Team Meeting _____
Owakihi Inservice _____
Other: _____

Instructional Methods

Written: _____
Oral Presentation and Dialogue _____
Guided Observation _____
Guided Practice _____
Other: _____

Competency Evaluations

Knowledge Testing (Quiz)
 Observed Skill Assessment
Other: _____

IV. Date(s): 1/8/2021 Trainer/Position: District Director
(M/D/Y) Time(s): _____ Trainer Signature: Theresa Speelman
(AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: Heilyn Hawgen

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

Self-Test for Children's Mental Health Training (Scott County) Credit: _____

Employee Name: Hevyn Hagen Date of Quiz: 01/08/2021

1. Name three of the mental health diagnoses discussed.

Autism spectrum, fetal alcohol spectrum disorder and reactive attachment disorder

2. Autism is a neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: Know who to call, how to intervene

always take it seriously

5. Name two diagnoses depression can present with: anxiety and PTSD

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered PTSD (trauma).

8. A child develops copying skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

stay calm, find the time, have a plan for meltdown

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they are aversers and they lied to the child.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long prognosis.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

Social Services, children's mental health manager and police/doctor/PCA

Staff signature: Hevyn Hagen

Training Date: 01/08/2021

Training Times