



# Training Summary Form

I. Employee: Colby Taggart Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: 2hrs  
Source: Scott County

II. Description of Training Content: <https://www.scottcountymn.gov/239/Online-Video-Training>

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

### III. Training Procedures

#### Training Format

- Self Study \_\_\_\_\_
- Individualized Training \_\_\_\_\_
- Team Meeting \_\_\_\_\_
- Owakihi Inservice \_\_\_\_\_
- Other: \_\_\_\_\_

#### Instructional Methods

- Written: \_\_\_\_\_
- Oral Presentation and Dialogue \_\_\_\_\_
- Guided Observation \_\_\_\_\_
- Guided Practice \_\_\_\_\_
- Other: \_\_\_\_\_

#### Competency Evaluations

- Knowledge Testing (Quiz)
- Observed Skill Assessment
- Other: \_\_\_\_\_

IV. Date(s): \_\_\_\_\_ (M/D/Y) Trainer/Position: DM  
Time(s): \_\_\_\_\_ (AM or PM) Trainer Signature: [Signature]

*I understand the information I received and my responsibilities for implementation with this company and persons served.*

Employee Signature: [Signature]

**Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.**

Self-Test for Children's Mental Health Training  
(Scott County)

Credit: 2hrs

Employee Name: Colby Taggart

Date of Quiz: 10/28/20

- Name three of the mental health diagnoses discussed.  
~~PTSD~~ PTSD, depression and anxiety
- Autism is a neurologically based disorder of development.
- One in five teens has depression.
- Threats of suicide have three of the five "dos". Name them: know who to call, know how to intervene, always take it seriously
- Name two diagnoses depression can present with: anxiety and PTSD.
- Many of the symptoms of anxiety can be mistaken for depression.
- Most foster children have extreme or layered trauma.
- A child develops flash backs that look like "symptoms" when they come to your home.
- Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.  
stay calm, find the time, have a plan
- Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.
- Attachment patterns are formed in the first 5 years of life.
- Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):  
they were the abuser and they abandoned them
- Fetal Alcohol Spectrum Disorder (FASD) is a life long diagnosis.
- ~~PTSD~~ Grief continues to be the most common reaction from parents who are raising children with mental illness.
- We often compromise a child's dignity as we discuss their challenges and our frustrations.
- Name three of your six resources when caring for children with mental health concerns:  
the school, social services and professionals

JM JR  
Staff signature

10/28/20  
Training Date

8-10  
Training Times