

**Self-Test for Children's Mental Health Training**

Credit: \_\_\_\_\_

Employee Name: Morais Johnson 1-26-21 Date of Quiz: 1/26/21

1. Name three of the mental health diagnoses discussed.

ADHD, RAD and PTSD

2. Autism is a Neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: Take it seriously, seek professional help

Lot others know

5. Name two diagnoses depression can present with: Anxiety and PTSD.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered Trauma.

8. A child develops copy skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay calm, have a plan for meltdown, know what comfort the child

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two): They have the abuse and They were the person who abandoned the child

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long Prognosis.

14. Girl continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's Dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns: Doctor, Social worker, and mental health professional

Staff signature

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Training Date

1-26-21

Training Times

5:25