

Training Summary Form

I. Employee: David Fischer Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: 1
Source: Scott County

II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. Training Procedures

Training Format

- Self Study _____
- Individualized Training _____
- Team Meeting _____
- Owakihi Inservice _____
- Other: _____



Instructional Methods

- Written: _____
- Oral Presentation and Dialogue _____
- Guided Observation _____
- Guided Practice _____
- Other: _____

Competency Evaluations

- Knowledge Testing (Quiz) _____
- Observed Skill Assessment _____
- Other: _____

IV. Date(s): 11/8/13 Trainer/Position: _____
(M/D/Y) Trainer Signature: [Signature]
Time(s): 2:30-3:30
(AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

Self-Test for Children's Mental Health Training Credit: _____
(Scott County)

Employee Name: Brad Fischer Date of Quiz: 11/18/20

1. Name three of the mental health diagnoses discussed.

Autism, Depression and Anxiety

2. Autism is a neurologically based disorder of development.

3. One in five teens has Depression.

4. Threats of suicide have three of the five "dos". Name them: Take Seriously, How to Interview
Know-who-to-call

5. Name two diagnoses depression can present with: Anxiety and by itself.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered PTSD.

8. A child develops Coping, Skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay calm, Find the time, Know what comforts.

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first few 3 years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

They were the abuser and Lied to the child.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long problem.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's Dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

Social Services, The School and Mental Health professionals

Brad Fischer
Staff signature

11/18/20
Training Date

2:30 - 3:30
Training Times