

Training Summary Form

I. **Employee:** Casey Auerbach **Topic:** CHILDREN'S MENTAL HEALTH 405 **Credit Hours:** 1
Source: Scott County

II. **Description of Training Content:**

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. **Training Procedures**

Training Format

- _____ Self Study
- _____ Individualized Training
- _____ Team Meeting
- _____ Owakihi Inservice
- _____ Other: _____



Written: _____
 Oral Presentation and Dialogue
 Guided Observation
 Guided Practice
 Other: _____

Competency Evaluations

- _____ Knowledge Testing (Quiz)
- _____ Observed Skill Assessment
- _____ Other: _____

IV. **Date(s):** 5/13/2020 **Trainer/Position:** _____
 (M/D/Y)
Time(s): 9 am - 10 pm **Trainer Signature:** _____
 (AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [Handwritten Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

Self-Test for Children's Mental Health Training Credit: 1
(Scott County)

Employee Name: Greg Avenson Date of Quiz: 5/13/2020
5-13-2020

1. Name three of the mental health diagnoses discussed.

RAD, FASD and PTSD

2. Autism is a neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: Who to call, how to intervene, take it seriously

5. Name two diagnoses depression can present with: Anxiety and ADHD.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops COPIING SKILLS that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay CALM, HAVE a PLAN for the Meltdown, Find the time

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first Three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

It is personal and They have been the abuser

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long diagnosis.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

doctor, The School and The Police

Greg Avenson
Staff signature

5/13/20
Training Date

Training Times