

# Training Summary Form

Employee: Deena McMahon

Topic: CHILDREN'S MENTAL HEALTH 405  
Source: Scott County

Credit Hours: 2

## II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

## III. Training Procedures

### Training Format

- Self Study
- Individualized Training
- Team Meeting
- Owakihi Inservice
- Other: \_\_\_\_\_



### Instructional Methods

- Written: \_\_\_\_\_
- Oral Presentation and Dialogue
  - Guided Observation
  - Guided Practice
  - Other: \_\_\_\_\_

### Competency Evaluations

- Knowledge Testing (Quiz)
- Observed Skill Assessment
- Other: \_\_\_\_\_

IV. Date(s): 5-28-2020 Trainer/Position: \_\_\_\_\_  
(M/D/Y)  
Time(s): \_\_\_\_\_ Trainer Signature: \_\_\_\_\_  
(AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: Deena McMahon

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

# Self-Test for Children's Mental Health Training

(2 hours of CMH training required the initial license year; 1 hour annually thereafter)

Please complete and return to your licenser for training credit and certificate

Box  
5-27-20

1. Name three of the mental health diagnoses discussed.

PTSD, Autism and Fetal Alcohol Depression/Anxiety

2. Autism is a neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: believe them, interfere, ask help

5. Name two diagnoses depression can present with: ADHD and Anxiety.

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops  coping skills  that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

learn history, make action, stay calm

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle years.

11. Attachment patterns are formed in the first 3 years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

lied and had abused them

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long diagnosis.

14.  Grief  continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's  dignity  as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

social services, school and medical

*[Handwritten Signature]*  
Provider signature

5-27-20  
Training Date

\_\_\_\_\_  
Licenser signature