

Training Summary Form

I. **Employee:** Savera Steteman **Topic:** CHILDREN'S MENTAL HEALTH 405 **Credit Hours:** 2
Source: Scott County

II. **Description of Training Content:**

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. **Training Procedures**

Training Format

Self Study _____
Individualized Training _____
Team Meeting _____
Owakihi Inservice _____
Other: _____



Written: _____
Oral Presentation and Dialogue _____
Guided Observation _____
Guided Practice _____
Other: _____

Competency Evaluations

Knowledge Testing (Quiz) _____
Observed Skill Assessment _____
Other: _____

IV. **Date(s):** 7-18-20 **Trainer/Position:** _____
Time(s): _____ **Trainer Signature:** [Signature]
(M/D/Y) (AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

Self-Test for Children's Mental Health Training
(Scott County)

Credit: _____

Employee Name: Sarena Stateman

Date of Quiz: 08/18/2021

1. Name three of the mental health diagnoses discussed.

Depression, PTSD and ADHD

2. Autism is a neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: who to, how to intervene
always take seriously, seek professional help, let others
call for help, know about the

5. Name two diagnoses depression can present with: anxiety and PTSD.

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

stay calm, find the time, have a plan

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three (3) years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they had been the abuser and it is personal.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long impairment.

14. grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

social services, case manager and mental health professional

Staff signature

Training Date

Training Times