

# Training Summary Form

I. Employee: Tamara Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: 2

Source: Scott County

## II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

## III. Training Procedures

### Training Format

- Self Study
- Individualized Training
- Team Meeting
- Owakhi Inservice
- Other: \_\_\_\_\_



### Instructional Methods

- Written: \_\_\_\_\_
- Oral Presentation and Dialogue
  - Guided Observation
  - Guided Practice
  - Other: \_\_\_\_\_

### Competency Evaluations

- Knowledge Testing (Quiz)
- Observed Skill Assessment
- Other: \_\_\_\_\_

IV. Date(s): Aug 27, 2020 Trainer/Position: \_\_\_\_\_  
(M/D/Y)  
Time(s): 12:00 am Trainer Signature: [Signature]  
(AM or PM)

*I understand the information I received and my responsibilities for implementation with this company and persons served.*

Employee Signature: T. George

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

**Self-Test for Children's Mental Health Training** Credit: \_\_\_\_\_  
(Scott County)

Employee Name: Tamara Date of Quiz: Aug 27, 2020

1. Name three of the mental health diagnoses discussed.

Generalize anxiety disorder, Major depression disorder and Reactive attachment disorder

2. Autism is a neurologically based disorder of development.

3. One in five teens has anxiety.

4. Threats of suicide have three of the five "dos". Name them: know who to call, know how to intervene, always take it seriously

5. Name two diagnoses depression can present with: Changes in sleep and feeling of hopelessness

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops Choping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Intense fear, Hyper Vigilance, Frequent physical complaints

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during Middle School years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

I don't like the child and I can't help this child.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long problem.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

The school, Social Services and police, doctor, personal care attendants

T. George  
Staff signature

Aug. 27, 2020  
Training Date

12:00 am  
Training Times