

Training Summary Form

I. Employee: Beth Lasso Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: 2
 Source: Scott County

II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. Training Procedures

Training Format

- Self Study
- Individualized Training
- Team Meeting
- Owakhi Inservice
- Other: _____



BEACON
Specialized Living

Instructional Methods

- Written: _____
- Oral Presentation and Dialogue _____
- Guided Observation _____
- Guided Practice _____
- Other: _____

Competency Evaluations

- Knowledge Testing (Quiz)
- Observed Skill Assessment _____
- Other: _____

IV. Date(s): 5-28-2020 Trainer/Position: _____
 Time(s): (M/D/Y) 9:15 - 10:30 Trainer Signature: _____
 (AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: Beth Lasso

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

Self-Test for Children's Mental Health Training
(Scott County)

Credit: _____

Employee Name: Beth Larson

Date of Quiz: 5/28/2020

1. Name three of the mental health diagnoses discussed.

Autism, RAD and FASID

2. Autism is a neurologically based disorder of development.

3. One in five teens has anxiety.

4. Threats of suicide have three of the five "dos". Name them: know who to call, how

to intervene, always take seriously, seek professional help
always let others know about the threats

5. Name two diagnoses depression can present with: PTSD and RAD.

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Get some history, stay calm, encourage child to have a buddy

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first 3 years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they were the abuser and they had tried to do child

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long impairment.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

school, social services and your mental health prof.

Beth Larson
Staff signature

5-28-2020
Training Date

9:45 - 10:30
Training Times