Owakihi, Inc.

Training Summary Form

I. **Employee:** RANDELL REED Topic: **CHILDREN'S MENTAL HEALTH 405** Credit Hours: 2.0

Source: Scott County

II. **Description of Training Content:**

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. **Training Procedures**

Training Format	Instructional Methods	Competency Evaluations
____ Self Study	____ Written: ____	X Knowledge Testing (Quiz)
____ Individualized Training	____ Oral Presentation and Dialogue	____ Observed Skill Assessment
____ Team Meeting	____ Guided Observation	____ Other: ____
____ Owakihi Inservice	____ Guided Practice	
____ Other: ____	____ Other: ____	

IV. **Date(s):** 08/21/2020 (M/D/Y) Trainer/Position: Designated manager

Time(s): ____ (AM or PM) Trainer Signature: [signature]

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

Self-Test for Children's Mental Health Training (Scott County)

Credit: 2.0

Employee Name: RAMBELL REED

Date of Quiz: 08/21/2020

1. Name three of the mental health diagnoses discussed.

   Autism, Post-Traumatic Stress Disorder and Oppositional Defiant Disorder

2. Autism is a Neurologically based disorder of development.

3. One in five teens has Depression Origins

4. Threats of suicide have three of the five "dos". Name them: Take it Serious, Seek Professional Help, Let us Known

5. Name two diagnoses depression can present with: Anxiety and PTSD.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered Trauma.

8. A child develops Coping Skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

   Stay Calm, Find the time, Have a Plan for the meltdown

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during ~~Three~~ Middle School years.

11. Attachment patterns are formed in the first Three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two): Children Are been the abuser and Person who been the abuser.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long Prognosis.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's Dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

    Doctor, Social Worker and Mental health Professional

Staff signature

08/21/2020
Training Date

Training Times