

### Training Summary Form

I. **Employee:** Oral Ross **Credit Hours:** 1.5  
**Topic:** CHILDREN'S MENTAL HEALTH 405 **Source:** Scott County

II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. Training Procedures

Training Format

Self Study \_\_\_\_\_  
 Individualized Training \_\_\_\_\_  
 Team Meeting \_\_\_\_\_  
 Owakihi Inservice \_\_\_\_\_  
 Other: \_\_\_\_\_

Instructional Methods

Written: \_\_\_\_\_  
 Oral Presentation and Dialogue \_\_\_\_\_  
 Guided Observation \_\_\_\_\_  
 Guided Practice \_\_\_\_\_  
 Other: \_\_\_\_\_

Competency Evaluations

X Knowledge Testing (Quiz) \_\_\_\_\_  
 Observed Skill Assessment \_\_\_\_\_  
 Other: \_\_\_\_\_

IV. **Date(s):** \_\_\_\_\_ **Trainer/Position:** James West / PC  
**Time(s):** \_\_\_\_\_ **Trainer Signature:** [Signature]  
 (M/D/Y) (AM or PM)

*I understand the information I received and my responsibilities for implementation with this company and persons served.*

Employee Signature: [Signature]

**Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.**

Self-Test for Children's Mental Health Training Credit: \_\_\_\_\_  
(Scott County)

Employee Name: \_\_\_\_\_ Date of Quiz: \_\_\_\_\_

1. Name three of the mental health diagnoses discussed.

PTSD, Autism Spectrum and Attention Deficit Disorder

2. Autism is a lifelong neurologically based disorder of development.

3. One in five teens has Autism Depression

4. Threats of suicide have three of the five "dos". Name them: know how to intervene, seek help, know who to call for help.

5. Name two diagnoses depression can present with: loss of energy and loss of interest

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops Coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

stay calm, Have a plan for self care, know what comforts the child.

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first two (2) years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

molested the child and had been the abuser.

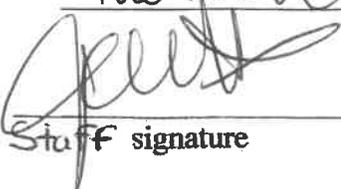
13. Fetal Alcohol Spectrum Disorder (FASD) is a life long progressive.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's privacy as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

The school, Social Services and mental health case management

  
Staff signature

Training Date

Training Times