

Owakihi, Inc.

### Training Summary Form

Employee: Umaru Yagah

Credit Hours: 2 hours

Topic: CHILDREN'S MENTAL HEALTH 405

Source: Scott County

#### II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

#### III. Training Procedures

##### Training Format

- Self Study
- Individualized Training
- Team Meeting
- Owakihi Inservice
- Other: \_\_\_\_\_

##### Instructional Methods

- Written: \_\_\_\_\_
- Oral Presentation and Dialogue
- Guided Observation
- Guided Practice
- Other: \_\_\_\_\_

##### Competency Evaluations

- Knowledge Testing (Quiz)
- Observed Skill Assessment
- Other: \_\_\_\_\_

IV. Date(s): 8/23/20  
(M/D/Y)

Time(s): 9:50  
(AM or PM)

Trainer/Position: Dr. Max King

Trainer Signature: [Signature]

*I understand the information I received and my responsibilities for implementation with this company and persons served.*

Employee Signature: [Signature]

**Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.**

**Self-Test for Children's Mental Health Training** Credit: \_\_\_\_\_  
(Scott County)

Employee Name: Umarou Yayah Date of Quiz: \_\_\_\_\_

1. Name three of the mental health diagnoses discussed.

Depression, Anxiety and ADHD Attention disorder

2. Autism is a neurodevelopmental based disorder of development.

3. One in five teens has Depression.

4. Threats of suicide have three of the five "dos". Name them: How to know, How to help them, When

5. Name two diagnoses depression can present with: PTSD and ADD.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered varied trauma.

8. A child develops Coping Skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Awareness of trauma, Repetitive or single episode trauma, Partial recovery

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they responsible for their pain and they had molested them

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long disorder.

14. High level support continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

Doctors plan, Social Services and School

Umarou Yayah  
Staff signature

8/23/20  
Training Date

\_\_\_\_\_  
Training Times