

Owakihi, Inc.

Training Summary Form

I. **Employee:** Saeed Said **Topic:** CHILDREN'S MENTAL HEALTH 405 **Credit Hours:** 1 hr
Source: Scott County

II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. Training Procedures

Training Format

Self Study _____
 Individualized Training _____
 Team Meeting _____
 Owakihi Inservice _____
 Other: _____

Instructional Methods

Written: _____
 Oral Presentation and Dialogue _____
 Guided Observation _____
 Guided Practice _____
 Other: _____

Competency Evaluations

Knowledge Testing (Quiz) _____
 Observed Skill Assessment _____
 Other: _____

IV. **Date(s):** 8/22/20 **Trainer/Position:** Max King DC
Time(s): _____ **Trainer Signature:** [Signature]
 (AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

https://www.scottcountymn.gov/239/Online-Video-Training

Self-Test for Children's Mental Health Training Credit: _____

(Scott County)

Employee Name: Sagal Paid Date of Quiz: 8/22/20

1. Name three of the mental health diagnoses discussed.

PTSD, RAD and FASD

2. Autism is a neurologically based disorder of development.

3. One in five teens has Depression.

4. Threats of suicide have three of the five "dos". Name them: always take serious seek
always lets those know the child professional help

5. Name two diagnoses depression can present with: anxiety and PTSD

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma

8. A child develops copying skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay calm, Find the time know what comforts the child

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first 3 years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they had been the baby and they had need to be child

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long disorder.

14. grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

the school social services and the police doctor personal
Care attendants

Sagal Paid
Staff signature

8/22/20
Training Date

Training Times