

Owakihi, Inc.

### Training Summary Form

I. Employee: Tereus Afabony Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: 1 hr  
 Source: Scott County

### II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

### III. Training Procedures

Training Format	Instructional Methods	Competency Evaluations
Self Study	Written: _____	Knowledge Testing (Quiz)
Individualized Training	Oral Presentation and Dialogue	Observed Skill Assessment
Team Meeting	Guided Observation	Other: _____
Owakihi Inservice	Guided Practice	
Other: _____	Other: _____	

Written: \_\_\_\_\_  
 Oral Presentation and Dialogue  
 Guided Observation  
 Guided Practice  
 Other: \_\_\_\_\_

Knowledge Testing (Quiz) X  
 Observed Skill Assessment  
 Other: \_\_\_\_\_

IV. Date(s): 8/22/20 Trainer/Position: DL Max King  
 Time(s): \_\_\_\_\_ (M/D/Y) Trainer Signature: [Signature]  
 (AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

Self-Test for Children's Mental Health Training Credit: \_\_\_\_\_  
(Scott County)

Employee Name: Venelus Atabong Date of Quiz: 8/22/20

1. Name three of the mental health diagnoses discussed.

Autism spectrum (ASD), Depression/Anxiety and Post traumatic stress disorder

2. Autism is a neurologically based disorder of development.

3. One in five teens has Depression - origins

4. Threats of suicide have three of the five "dos". Name them: Always take it seek professional help  
always let others know the child is making these threats.

5. Name two diagnoses depression can present with: Anxiety and PTSD.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered Trauma.

8. A child develops Coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

stay calm, find the time, have a plan for the meltdown

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they had been the abuser and they had abandoned the child

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long disorder.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

school, social services and children's mental health case manager

  
Staff signature

8/22/20  
Training Date

Training Times