

Owakihi, Inc.

Training Summary Form

Employee: Chris Farvick

Topic: CHILDREN'S MENTAL HEALTH 405

Credit Hours: 1 hr

Source: Scott County

II. Description of Training Content:

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. Training Procedures

Training Format

- Self Study
- Individualized Training
- Team Meeting
- Owakihi Inservice
- Other: _____

Instructional Methods

- Written: _____
- Oral Presentation and Dialogue
 - Guided Observation
 - Guided Practice
 - Other: _____

Competency Evaluations

- Knowledge Testing (Quiz)
- Observed Skill Assessment
- Other: _____

IV. Date(s): 8/25/20

(M/D/Y)

Time(s): _____

(AM or PM)

Trainer/Position: DC

Trainer Signature: [Signature]

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

Self-Test for Children's Mental Health Training Credit: _____
(Scott County)

Employee Name: Chris Garrick Date of Quiz: 8/25/20

1. Name three of the mental health diagnoses discussed.

ASD, PTSD and ODD

2. Autism is a spectrum based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: know who to call for help, know how to intervene
Always take it seriously

5. Name two diagnoses depression can present with: Anxiety and PTSD.

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

stay calm, find me time, have a plan for me meltdown

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they had been the abuser and they abandoned the child

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long disorder.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

School, social services and mental health professional

Chris Garrick
Staff signature

8/25/20
Training Date

Training Times