

Owakih, Inc.
Training Summary Form

I. Employee: Merrisa Addison Topic: OMBUDSMAN ALERT SUMMER 215 Credit Hours: 1

II. Description of Training Content Review and instruction on the 2014 Ombudsman Summer Alerts. Topics include the following:
 Cover Letter 2018 with MedWatch Safety Alerts; Summer Alert; Heat Stroke Alert; Water Safety Alert; Insect Sting Alert; Metabolic Syndrome Update; and Suicide Prevention Resource List.

III. Training Procedures

X Self Study
 Individualized Training
 Supervisory Meeting
 Owakih Inservice
 Other: _____

Instructional Methods

X Written: See above
 Video Tape: _____
 Oral Presentation and Dialogue
 Other: _____

Competency Evaluations

X Knowledge Testing (Quiz)
 Observed Skill Assessment
 Other: _____

IV. Training Dates and Times

Date(s): 1/11/20
 (M/D/Y)
 Time(s): _____
 (AM or PM)
 Location(s): Kape
 Trainer/Position: see above
 Approval Signature: [Signature]
 Employee Signature: [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

**Training Module 215 Quiz
Ombudsman Summer Alert**

Employee Name: Margaret Anderson Date of Quiz: 1/1/20

Directions: Upon completion, please return the quiz and attached Training Summary Form to your supervisor for review and signature.

Complete the statements below by filling in the blanks

- Identify 3 factors that may cause added risk of heat stroke for persons with mental health and/or chemical dependency issues and developmental disabilities.
 - we have to make sure the heat in right place
 - high heat
 - working a lot
- List 3 precautions that you will use this summer with service recipients to reduce the risk of heat stroke:
 - Make sure the heat in right place
 - not high not low
 - _____

3. Basic water safety tips include the following:

- Check water and weather conditions upon arrival and during the swimming outing.
- Never swim alone.
- Swim in areas supervised by lifeguards.
- When overheated, swimming is a good way to cool off.
- All of the above

4. Describe 2 precautions that help to prevent insect stings:

- we have to wear shoes when outdoor -
- we have to avoid using products with

6. strong perfumes Diagnose IDL is the term used for a group of risk factors that occur together and increase the risk for coronary artery disease, stroke, and type 2 diabetes.

7. True OR False - All of the risks for metabolic syndrome are related to obesity.

8. True OR False - Several of the suicide prevention contacts listed on the Suicide Prevention Resource List provide educational materials and toolkits in addition to operating helplines.

9. Identify 2 sources of information available to staff for protecting the health and safety of people they support:

- _____
- _____

THIS SECTION TO BE COMPLETED BY QUIZ REVIEWER

> The employee identified above has demonstrated competency in completion of the quiz questions.

Signature of Quiz Reviewer Margaret Anderson Date 1/1/20