

# Training Summary Form

I. Employee: Lisa Verth Topic: FETAL ALCOHOL SPECTRUM DISORDER 425 Credit Hours 1hr

II. Description of Training Content: Review and instruction on materials regarding Fetal Alcohol Syndrome Disorders (FASD). Includes description of signs and symptoms of FASD, factors that impact FASD, associated performance problems, intervention methods for risk reduction, and treatment strategies. Also includes resources including websites.

## III. Training Procedures

**Training Format**

Self Study

Individualized Training

Team Meeting

Owakini Inservice

Other: \_\_\_\_\_

## Instructional Methods

Written: See above

Video/DVD: \_\_\_\_\_

Oral Presentation and Dialogue

Guided Practice

Other: \_\_\_\_\_

## Competency Evaluations

Knowledge Testing (Quiz)

Observed Skill Assessment

Other: \_\_\_\_\_

## IV.

Date(s): 8-5-20  
(M/D/Y)

Time(s): 4-5pm  
(AM or PM)

Trainer/Position: Designated Manager  
Integrated Coordinator

Trainer Signature: [Signature]

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: [Signature]

Training Module 425 Quiz  
FETAL ALCOHOL SPECTRUM DISORDERS (FASD)

EMPLOYEE NAME: Lisa Veith DATE OF QUIZ: 7-80-20

Directions: Upon completion, please return the completed quiz and attached Training Summary Form to your Designated Coordinator (DC) or Designated Manager (DM) for review and approval.

- Fetal alcohol syndrome (FAS) is a condition that results from perinatal alcohol exposure during pregnancy.
- Place a check next to the following statements which are true about fetal alcohol syndrome:
  - FASD is preventable.
  - FASD is a lifelong disability.
  - A stable, nurturing home is the single most important factor in protecting children with FASD from later problems including drug abuse, dropping out of school and encounters with the juvenile justice system.
  - Traditional interventions do not work with FASD youth who cannot associate a consequence with a behavior.
- The Mayo Clinic article identifies several signs of fetal alcohol syndrome. List three signs:
  - Physical defects
  - Intellectual or cognitive disabilities
  - Problems functioning and coping with everyday life
- According to the MN Adopt Fact Sheet, five strategies to keep in mind when working with children and adolescents with FASD are:
  - Keep information concrete
  - Consider poor behavior as a physically based unmet need
  - Maintain consistency
  - use repetition
  - maintain stable routines
- Please identify any questions that you have at this time regarding FASD:
 

\_\_\_\_\_

- Identify 2 agency resources that you can use for more information and/or consultation:
  - MN adopt
  - MDFAS-MN organ. or Fetal Alcohol Syndrome

KNOWLEDGE TESTING BY TRAINER

- Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s) \_\_\_\_\_

- The employee identified above has demonstrated competency in completion of the quiz questions.

Signature of DC or DM [Signature] Date 8/5/21