

Training Summary Form

I. Employee: Lisa Veith Topic: CHILDREN'S MENTAL HEALTH 405 Credit Hours: 2hrs
 Source: Scott County

II. **Description of Training Content:**

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. **Training Procedures**

<u>Training Format</u>	<u>Instructional Methods</u>	<u>Competency Evaluations</u>
<input checked="" type="checkbox"/> Self Study	<input checked="" type="checkbox"/> Written: _____	<input checked="" type="checkbox"/> Knowledge Testing (Quiz)
<input type="checkbox"/> Individualized Training	<input type="checkbox"/> Oral Presentation and Dialogue	<input type="checkbox"/> Observed Skill Assessment
<input type="checkbox"/> Team Meeting	<input type="checkbox"/> Guided Observation	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Owakahi Inservice	<input type="checkbox"/> Guided Practice	
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Other: _____	

IV. Date(s): 7/24/2020 Trainer/Position: Self / LDC
 (M/D/Y)
 Time(s): 11:15am - 1:15pm Trainer Signature: Lisa Veith
 (AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: Lisa Veith

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

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III. Training Procedures

Training Format

Self Study

Individualized Training

Team Meeting

Owakihi Inservice

Other:

Instructional Methods

Written:

Oral Presentation and Dialogue

Guided Observation

Guided Practice

Other:

Competency Evaluations

Knowledge Testing (Quiz)

Observed Skill Assessment

Other:

IV.

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Self-Test for Children's Mental Health Training

Credit: 2

(Scott Spunk)

Employee Name: Lisa Veith

Date of Quiz: 7/24/2020

1. Name three of the mental health diagnoses discussed.

ODD Oppositional Defiant Disorder, ASD Autism Spectrum and RAD Reactive Attachment Disorder

2. Autism is a Neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: Do call for help, do know how to
do take seriously intervene

5. Name two diagnoses depression can present with: Anxiety and all by itself

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay calm, Time, have a plan for a melt-down

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first 3 years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

they lied to child and had abandoned child.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long and permanent.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

School, Doctors and Mt professionals

Lisa Veith

Staff signature

7-28-2020

8a-10

Training Date

Training Times