



Self-Test for Children's Mental Health Training

Employee Name: Sofyan Teguhdam (Scott County)

Date of Quiz: 10/10/20

1. Name three of the mental health diagnoses discussed.

RAD, ASHD, and FASD

2. Autism is a Neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: Take seriously, seek professional help, let others know

5. Name two diagnoses depression can present with: PTSD and Anxiety

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered Trauma.

8. A child develops copying skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay calm, have a plan for when you know what contacts the child

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two): They have been the abuser and They were the person who abandoned the child.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long Prognosis.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's Dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

Doctor, Social worker, and mental health professional

Staff signature

*[Signature]*

Training Date

6/10/20

Training Times