

6/10/20
RECEIVED

Owakihi, Inc.

Training Summary Form

I. Employee: Sofyatu Taye Topic: OMBUDSMAN WINTER ALERTS 220

Credit Hours: 50

II. Description of Training Content

Review and instruction on the Ombudsman Winter Alerts and Medical Alerts. Topics include the following:

- Winter Letter
- Winter Alert
- Hypothermia Alert
- Frostbite Alert
- Windchill Chart

III. Training Procedures

Training Format

Self Study _____
Team Meeting _____

Instructional Methods

Written: See above _____
Oral Presentation and Dialogue _____

Demonstrated Competency

Knowledge Testing (Quiz) _____
Other: _____

IV. Date(s):

6/10/20
(M/D/Y)

Time(s): _____

(AM or PM)

Location(s): Kape

Trainer/Position: See Above

Approval Signature: _____

Employee Signature: _____

Ombudsman WINTER ALERT 220 Quiz

6/10/20

DATE OF QUIZ: 6/10/20

EMPLOYEE NAME: Sofyath Teyudon

Directions: Upon completion, return the quiz and Training Summary Form to your supervisor.

Complete the statements below by filling in the blanks

1. After reading the "Winter Alert", identify three precautions that you will use this winter to help the persons you serve from getting communicable diseases:

- a. Getting a flu shot
- b. Encourage frequent hand washing
- c. Don't share cups or glasses

2. Basic tips for winter travel include the following:

- a. Know what the weather forecast is
- b. Keep a winter survival kit in your vehicle
- c. Winterize your vehicle.
- d. Always wear your seat belt.
- e. All of the above

3. Warning signs and symptoms of mild hypothermia include:

- a. Confusion
- b. Cold abdomen and back
- c. Shivering/memory lapses

4. **True or False** Second and third degree frostbite need to be reported to the Office of the Ombudsman for Mental Health and Developmental Disabilities as a serious injury.

5. According to Medical Alert on Choking: When a person chokes, be prepared to perform the ~~ambulance maneuver~~ Heimlich maneuver

6. Identify at least 3 first aid recommendations in the event of a seizure, as cited in the Seizure Alert:

- a. Lower the person to the ground
- b. Move objects that may cause injury away from person
- c. Time the seizure

7. Identify 2 sources of information that staff can access to protect the health and safety of persons served:

- a. BCDM
- b. Consumer file contents

KNOWLEDGE TESTING BY QUIZ REVIEWER

> Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s)

> The employee identified above has demonstrated competency in completion of the quiz questions.

(If not, refer employee to Supervisor.)

Signature of Quiz Reviewer

Date

6/10/20