BEACON Specialized Living

Training Summary Form

I. **Employee:** Aaron Pearson Topic: **CHILDREN'S MENTAL HEALTH 405** Credit Hours: _____

Source: Scott County

II. **Description of Training Content:**

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resourc and support for caregivers.

III. **Training Procedures**

Training Format		Instructional Methods		Competency Evaluations	
x	Self Study	x	Written: Power Point	X	Knowledge Testing (Quiz)
	Individualized Training		Oral Presentation and Dialogue		Observed Skill Assessment
	Team Meeting		Guided Observation		Other:
	Owakihi Inservice		Guided Practice		
	Other:	x	Other: video		

IV. **Date(s):** 4/30/2020 (M/D/Y) Trainer/Position: Vicki Kretsch DC

Time(s): _____ (AM or PM) Trainer Signature: Vicki Kretsch

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: Aaron Pearson

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

Self-Test for Children's Mental Health Training

Aaron Pearson

(2 hours of CMH training required the initial license year; 1 hour annually thereafter)

Please complete and return to your licensor for training credit and certificate

1. Name three of the mental health diagnoses discussed.
   AdHD, RAD and FASD
2. Autism is a Neurologically based disorder of development.
3. One in five teens has depression.
4. Threats of suicide have three of the five "dos". Name them: take serious, let others know, seek proffessional help
5. Name two diagnoses depression can present with: Anxiety and PtSD.
6. Many of the symptoms of Anxiety can be mistaken for depression.
7. Most foster children have extreme or layered trauma.
8. A child develops coping skills that look like "symptoms" when they come to your home.
9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.
   stay calm, meltdown Plan ✓, Know what comforts them
10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle School years.
11. Attachment patterns are formed in the first three years of life.
12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):
    they are the Abuser and they were the Abandon-er.
13. Fetal Alcohol Spectrum Disorder (FASD) is a life long Prognosis.
14. Grief continues to be the most common reaction from parents who are raising children with mental illness.
15. We often compromise a child's Dignity as we discuss their challenges and our frustrations.
16. Name three of your six resources when caring for children with mental health concerns:
    Doctor, Social worker and mental Health Professional

Provider signature	Training Date	Licensor signature
Vicki Kutzek	4/30/2020	

6/10