



Training Summary Form

I. Employee: De Green Topic: OMBUDSMAN WINTER ALERTS 220 Credit Hours: _____

II. Description of Training Content

Review and instruction on the Ombudsman Winter Alerts and Medical Alerts. Topics include the following:

- Winter Letter
- Winter Alert
- Hypothermia Alert
- Frostbite Alert
- Windchill Chart

III. Training Procedures

Training Format

_____ Self Study
_____ Team Meeting

Instructional Methods

___ X ___ Written: See above
_____ Oral Presentation and Dialogue

Demonstrated Competency

___ X ___ Knowledge Testing (Quiz)
Other: _____

IV. Date(s): 1/13/2020 Trainer/Position: See Above

Time(s): _____ (M/D/Y) Approval Signature: [Signature]

Location(s): Booda *Employee Signature: [Signature]

Ombudsman WINTER ALERT 220 Quiz

EMPLOYEE NAME: Joe Giner

DATE OF QUIZ: 1-13-20

Directions: Upon completion, return the quiz and Training Summary Form to your supervisor.

Complete the statements below by filling in the blanks

1. After reading the "Winter Alert", identify three precautions that you will use this winter to help the persons you serve from getting communicable diseases:

- a. Wash hands often especially after using restroom
- b. Cover sneezes & coughs by doing so into the inner elbow or arm
- c. Keep house clean by using cleaners

2. Basic tips for winter travel include the following:

- a. Know what the weather forecast is
- b. Keep a winter survival kit in your vehicle
- c. Winterize your vehicle.
- d. Always wear your seat belt.

e. All of the above

3. Warning signs and symptoms of mild hypothermia include:

- a. drowsiness
- b. pale cold skin
- c. uncontrollable shivering

4. True or False Second and third degree frostbite need to be reported to the Office of the Ombudsman for Mental Health and Developmental Disabilities as a serious injury.

5. According to Medical Alert on Choking: When a person chokes, be prepared to perform the

Heimlich maneuver.

6. Identify at least 3 first aid recommendations in the event of a seizure, as cited in the Seizure Alert:

- a. lower client to the ground
- b. do not hold person down
- c. Stay with person until seizure ends naturally

7. Identify 2 sources of information that staff can access to protect the health and safety of persons served:

- a. ombudsman winter alert letter
- b. owakiki policy book

--
KNOWLEDGE TESTING BY QUIZ REVIEWER

➤ Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s) _____

➤ The employee identified above has demonstrated competency in completion of the quiz questions. (If not, refer employee to Supervisor.)

W. K. Ketsch

Signature of Quiz Reviewer

1/13/2020

Date