BEACON Specialized Living

Training Summary Form

I. **Employee:** Bailey Behnson Topic: **CHILDREN'S MENTAL HEALTH 405** Credit Hours: _____

Source: Scott County

II. **Description of Training Content:**

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resource and support for caregivers.

III. **Training Procedures**

Training Format		Instructional Methods		Competency Evaluations	
x	Self Study	x	Written: Power Point	X	Knowledge Testing (Quiz)
	Individualized Training		Oral Presentation and Dialogue		Observed Skill Assessment
	Team Meeting		Guided Observation		Other:
	Owakihi Inservice		Guided Practice		
	Other:	x	Other: video		

IV. **Date(s):** 4/29/2020 (M/D/Y) Trainer/Position: Vicki Kretsch DC

Time(s): _____ (AM or PM) Trainer Signature: Vicki Kretsch

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: _____

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes.

Self-Test for Children's Mental Health Training

Bailey Benson

(2 hours of CMH training required the initial license year; 1 hour annually thereafter)

Please complete and return to your licensor for training credit and certificate

1. Name three of the mental health diagnoses discussed.

   Bipolar disorder, PTSD and Anxiety

2. Autism is a neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: know who to call for help, always take it seriously, seek proffesional help

5. Name two diagnoses depression can present with: anxiety and ADHD.

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

   Stay calm, find the time, know what comforts the child.

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

    they were the abuser and they had lied to the child.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long challenge.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

    social services, the school and doctor

[signature]	4/29/2020	
Provider signature	Training Date	Licensor signature

6/10