



Owakahi, Inc.
Training Summary Form

I. Employee: Spencer Hester Topic: OMBUDSMAN ALERT SUMMER 215

Credit Hours: 50
Done on clock

II. Description of Training Content Review and instruction on the 2014 Ombudsman Summer Alerts. Topics include the following:
Cover Letter 2018 with MedWatch Safety Alerts; Summer Alert; Heat Stroke Alert; Water Safety Alert; Insect Sting Alert; Metabolic Syndrome Update; and Suicide Prevention Resource List.

III. Training Procedures

Training Format

- Self Study
- Individualized Training
- Supervisory Meeting
- Owakahi Inservice
- Other: _____

Instructional Methods

- Written: See above
- Video Tape: _____
- Oral Presentation and Dialogue
- Other: _____

Competency Evaluations

- Knowledge Testing (Quiz)
- Observed Skill Assessment
- Other: _____

IV. Training Dates and Times

Date(s): 7/8/20
 (M/D/Y)
 Time(s): _____
 (AM or PM)
 Location(s): Kape

Trainer/Position: see above
 Approval Signature: _____
 Employee Signature: _____

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

**Training Module 215 Quiz
Ombudsman Summer Alert 2014**

Employee Name: Selmer H

Date of Quiz: 7/8/20

Directions: Upon completion, please return the quiz and attached Training Summary Form to your supervisor for review and signature.

Complete the statements below by filling in the blanks

- 1 Identify one medication with potential side effects described in the Summer Alert cover letter: Lamictal
- 2 Identify 3 factors that may cause added risk of heat stroke for persons with mental health and/or chemical dependency issues and developmental disabilities.
 - a. living in a facility no A/C
 - b. medication may inhibit fluid loss
 - c. incapacity to make decision to reduce the risk
- 3 List 3 precautions that you will use this summer with service recipients to reduce the risk of heat stroke:
 - a. keep environment cool
 - b. encourage - restricted liquid intake
 - c. know which meds put client at risk
4. Basic water safety tips include the following:
 - a. Check water and weather conditions upon arrival and during the swimming outing.
 - b. Never swim alone.
 - c. Swim in areas supervised by lifeguards.
 - d. When overheated, swimming is a good way to cool off.
 - e. All of the above
5. Describe 2 precautions that help to prevent insect stings:
 - a. wear shoes when walking through low grass
 - b. keep garbage + recycling cans covered
6. metabolic syndrome is the term used for a group of risk factors that occur together and increase the risk for coronary artery disease, stroke, and type 2 diabetes.
7. True OR False - All of the risks for metabolic syndrome are related to obesity.
8. True OR False - Several of the suicide prevention contacts listed on the Suicide Prevention Resource List provide educational materials and toolkits in addition to operating helplines.
9. Identify 2 sources of information available to staff for protecting the health and safety of people they support:
 - a. Training Binder
 - b. First aid kit

THIS SECTION TO BE COMPLETED BY QUIZ REVIEWER

➤ The employee identified above has demonstrated competency in completion of the quiz questions.

[Signature]
Signature of Quiz Reviewer

7/8/20
Date