SCANNED 7/2/20

Beacon Specialized Living

Training Summary Form Done on clock

I. **Employee:** Nuh Allen **Topic:** **BASIC FIRST AID / SIGNS & SYMPTOMS 130** **Credit Hours:** 2

II. **Description of Training Content** – Basic first aid including signs and symptoms of illness

III. **Training Procedures**

Training Format		Instructional Methods		Competency Evaluations	
____	Self-study	X	Written: First Aid Curriculum	X	Knowledge Testing (Quiz)
____	Individualized Training	____	DVD: First Aid (American Red Cross)	____	Observed Skills Assessment
____	Owakihi Inservice	____	Oral Presentation and Dialogue		

IV. **Date(s):** 7/2/20 (MM/DD/YYYY)

Time(s): _____ (AM or PM)

Location(s): Kape

Trainer/Position: DC

Approval Signature: [signature]

Employee Signature: [signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

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Training Module 130 Quiz

Basic First Aid

Signs and Symptoms

Employee Name: Nun Aiken **Date of Quiz:** 7/2/20

Directions: Upon completion, return the quiz and attached Training Summary Form to your supervisor for review.

Complete the questions below after viewing the DVD First Aid (American Red Cross):

1. There are two categories of first aid treatment:
   a. minor injuries that do not require emergency medical assistance
   b. emergency aid to stabilize the victim until professional medical assistance arrives

2. *(Select all that apply)* When you become aware of an emergency situation, take the following actions):
   a. Remain calm
   b. Assess the situation for further risks to yourself and others
   c. Administer first aid
   d. Contact emergency assistance, if necessary

3. *(Select one response)* When phoning 911 for help, you should stay on the phone with the dispatcher until:
   a. The advanced medical team arrives
   b. The dispatcher tells you it is okay to hang up (the caller is the last person to hang up)
   c. The injured person's supervisor is notified.

4. Checking the victim's vital body functions can be accomplished by what is commonly referred to as the ABCs. What does ABC stand for?
   a. Airway, breathing, consciousness
   b. Airway, blood pressure, circulation
   c. Airway, breathing, circulation

5. When the victim is unconscious, you should first:
   a. Check if the victim has a bracelet, necklace, or card identifying any medical condition that may have caused the current situation
   b. Check around the area to see if anyone knows what happened
   c. Survey the scene for possible causes
   d. Make sure the area is secured

6. You should never move a victim unless his or her life is in danger.
   TRUE ✓ or FALSE _____

7. An injured person is becoming pale, cold, and sweating. These can be symptoms of shock. What is the appropriate treatment?
   a. Give the person a drink of water
   b. Help the victim lie down and keep warm covering with a blanket
   c. Leave the area so the victim can rest

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Complete the questions below after reviewing the <u>First Aid/Signs & Symptoms</u> curriculum

8. List first aid priorities.
   a. Extract a rescue
   b. control bleeding
   c. Ensure air & give CPR
   d. Treat poisoning
   e. Call 911

9. A service recipient comes to you holding her left arm which is bleeding from a laceration above the elbow. What are the first steps you take to control the bleeding?

   if there's bleeding, use direct pressure with a pad.

10. Ima Hurt has been stung by a bee on her left calf. Upon examination you are able to see the stinger is still present. Describe your treatment and aftercare for this injury.

   Remove stinger, Apply ice, wash wound & cover watch for allergic reactions.

11. Jill Jackson comes in from a long winter walk. She appears very lethargic and is complaining of a headache. Her skin appears pale, and is clammy to the touch. Based on this information, which of the following conditions would you suspect?
   a. Hypothermia
   b. Heat exhaustion
   c. Heat stroke
   d. Frostbite

12. Describe your actions in treating the condition identified in question #11 (above):

   Give sips of salt water every 15 min. Dont give if vomiting. Have person lie down & raise feet. Apply wet clothes

13. Julia Kidd is assisting you in preparing dinner when her hand is scalded with hot water. What is your initial action? Put in cold water. Apply sterile Do not break blister. Do not use ointments

   notify health services

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14. During a picnic, Darrell and Frank are playing catch with a softball. Frank misses the ball and it smacks him in the nose. Frank's nose begins to bleed profusely shortly after the impact. What do you do for Frank?

Apply direct pressure by pinching nostrils shut w/ thumb. Sit & lean forward. 10 min pinch. if not stopped call doc or emergency. Do not blow nose or rub

15. You notice that Julia's arm has been splashed with grease, blisters are developing, and it is becoming red and mottled. What type of burn is this, and how would you treat it?

Second degree burn. immerse in cold water until pain subsides. use sterile dressing. Do not break blisters

16. After first aid procedures have been implemented for an accident or injury that does not require physician treatment, and the situation is under control, what follow-up steps should be taken for reporting and documenting the accident or injury?

notify the legal representative or supervisor

17. Identify two sources that you can use to obtain additional first aid information:

first aid material / class

18. Please identify any questions that you have at this time regarding basic first aid:

KNOWLEDGE TESTING

- **The employee identified above has demonstrated competency (80% +) in completion of the quiz questions. *(If not, refer employee to his/her Supervisor.)***

Signature of Quiz Reviewer / Designated Coor. or Designated Manager — **Date** 7/2/20