



Owakahi, Inc.

Training Summary Form

I. Employee: Christy Saxon Topic: OMBUDSMAN ALERT SUMMER 215 Credit Hours: _____

II. Description of Training Content Review and instruction on the 2014 Ombudsman Summer Alerts. Topics include the following: Cover Letter 2018 with MedWatch Safety Alerts; Summer Alert; Heat Stroke Alert; Water Safety Alert; Insect Sting Alert; Metabolic Syndrome Update; and Suicide Prevention Resource List.

III. Training Procedures

Training Format

- Self Study
- Individualized Training
- Supervisory Meeting
- Owakahi Inservice
- Other: _____

Instructional Methods

- Written: See above _____
- Video Tapes _____
- Oral Presentation and Dialogue _____
- Other: _____

Competency Evaluations

- Knowledge Testing (Quiz) _____
- Observed Skill Assessment _____
- Other: _____

V Training Dates and Times

Date(s): 7-2-20
(M/D/Y)
Time(s): 11:00AM - 12:00pm
(AM or PM)
Location(s): CAfe

Trainer/Position: see above

Approval Signature: _____

Employee Signature: Christy Saxon

Training timecard must be reviewed by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

**Training Module 215 Quiz
Ombudsman Summer Alert**

Employee Name: Trupti Sexton

Date of Quiz: 7/2/20

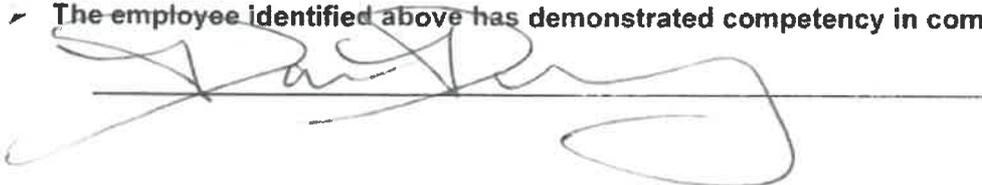
Directions: Upon completion, please return the quiz and attached Training Summary Form to your supervisor for review and signature.

Complete the statements below by filling in the blanks

1. Identify 3 factors that may cause added risk of heat stroke for persons with mental health and/or chemical dependency issues and developmental disabilities.
 - a. living in facilities that have no air conditioning or poor air circulation
 - b. Common medications inhibit perspiration or increase fluid loss
 - c. incapability to make decisions that would reduce the risk of heat stroke
2. List 3 precautions that you will use this summer with service recipients to reduce the risk of heat stroke:
 - a. Keep environment as cool as possible
 - b. Review restricted fluid intake programs and provide extra fluids
 - c. Encourage non-alcoholated fluids
3. Basic water safety tips include the following:
 - a. Check water and weather conditions upon arrival and during the swimming outing.
 - b. Never swim alone.
 - c. Swim in areas supervised by lifeguards.
 - d. When overheated, swimming is a good way to cool off
 - e. All of the above
4. Describe 2 precautions that help to prevent insect stings:
 - a. Wear shoes when working through low-lying flowers
 - b. do not wear light colored clothing, flower prints sweat spray
6. Metabolic Syndrome is the term used for a group of risk factors that occur together and increase the risk for coronary artery disease, stroke, and type 2 diabetes.
7. **True** OR **False** - All of the risks for metabolic syndrome are related to obesity.
8. **True** OR **False** - Several of the suicide prevention contacts listed on the Suicide Prevention Resource List provide educational materials and toolkits in addition to operating helplines
9. Identify 2 sources of information available to staff for protecting the health and safety of people they support:
 - a. beacon
 - b. mental health (human resources)

THIS SECTION TO BE COMPLETED BY QUIZ REVIEWER

➤ The employee identified above has demonstrated competency in completion of the quiz questions.



7/2/20