

Owakihi, Inc.
Training Summary Form

I. Employee: Francisco J. Ceshillo Topic: BASIC FIRST AID / SIGNS & SYMPTOMS 130

Credit Hours: 1

Nurtinez

II. Description of Training Content - Basic first aid including signs and symptoms of illness

III. Training Procedures

Training Format

Self-study _____
Individualized Training _____
Owakihi Inservice _____

Instructional Methods

Written: First Aid Curriculum
DVD: First Aid (American Red Cross) _____
Oral Presentation and Dialogue _____

Competency Evaluations

Knowledge Testing (Quiz)
Observed Skills Assessment _____

IV. Date(s): 2/17/20
(MM/DD/YYYY)

Trainer/Position: Valerie Kruse DC

Time(s): _____

Approval Signature: [Signature]

Location(s): (AM or PM) Asstoketa

Employee Signature: [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

Training Module 130 Quiz

Basic First Aid Signs and Symptoms

Employee Name: Francisco J. Castillo Martinez Date of Quiz: 2-11-20

Directions: Upon completion, return the quiz and attached Training Summary Form to your supervisor for review.

Complete the questions below after viewing the DVD First Aid (American Red Cross):

1. There are two categories of first aid treatment:

- a. minor injuries that do not require emergency medical assistance
- b. temporary aid to stabilize the victim until professional medical assistance arrives

2. (Select all that apply) When you become aware of an emergency situation, take the following actions):

- a. Remain calm
- b. Assess the situation for further risks to yourself and others
- c. Administer first aid
- d. Contact emergency assistance, if necessary

3. (Select one response) When phoning 911 for help, you should stay on the phone with the dispatcher until:

- a. The advanced medical team arrives
- b. The dispatcher tells you it is okay to hang up (the caller is the last person to hang up)
- c. The injured person's supervisor is notified.

4. Checking the victim's vital body functions can be accomplished by what is commonly referred to as the ABCs. What does ABC stand for?

- a. Airway, breathing, consciousness
- b. Airway, blood pressure, circulation
- c. Airway, breathing, circulation

5. ~~When the victim is unconscious, you should first:~~

- ~~a. Check if the victim has a bracelet, necklace, or card identifying any medical condition that may have caused the current situation~~
- b. Check around the area to see if anyone knows what happened
- c. Survey the scene for possible causes
- d. Make sure the area is secured

6. You should ~~never~~ move a victim unless his or her life is in danger.

TRUE X or FALSE _____

7. An injured person is becoming pale, cold, and sweating. These can be symptoms of shock. What is the appropriate treatment?

- a. Give the person a drink of water
- b. Help the victim lie down and keep warm covering with a blanket
- c. Leave the area so the victim can rest

Complete the questions below after reviewing the First Aid/Signs & Symptoms curriculum

8. List first aid priorities.

- effect a rescue
- Control severe bleeding
- Ensure airway and give CPR as necessary
- Treat poisoning or ingestion of harmful chemicals
- call 911 if life threatening situation occurs.

9. A service recipient comes to you holding her left arm which is bleeding from a laceration above the elbow. What are the first steps you take to control the bleeding?

Use direct pressure with a thick, clean pad of cloth directly over wound until bleeding stops
Elevate wound if suspect no broken bones and no pain results from elevation.

10. Ima Hurt has been stung by a bee on her left calf. Upon examination you are able to see the stinger is still present. Describe your treatment and aftercare for this injury.

Remove stinger by scraping across area
apply ice for pain and swelling
wash wound and cover
watch for allergic reaction.

11. Jill Jackson comes in from a long winter walk. She appears very lethargic and is complaining of a headache. Her skin appears pale, and is clammy to the touch. Based on this information, which of the following conditions would you suspect?

- Hypothermia
- Heat exhaustion
- Heat stroke
- Frostbite

12. Describe your actions in treating the condition identified in question #11 (above):

Move to a warm place
Remove wet clothing and dry victim
Warm body gradually: blankets, dry clothing
give warm liquids to drink if person is alert.
Handle gently

13. Julia Kidd is assisting you in preparing dinner when her hand is scalded with hot water. What is your initial action?

immerse her hand in cold water 2-5 min.
Cover with sterile dressing if needed
Don't use ointment, cream or salve.

14. During a picnic, Darrell and Frank are playing catch with a softball. Frank misses the ball and it smacks him in the nose. Frank's nose begins to bleed profusely shortly after the impact. What do you do for Frank?

Apply direct pressure by firmly pinching both nostrils shut with thumb and forefinger.
Have him sit and lean forward.
Keep pinching for 10 minutes.
Do not blow or rub nose.

15. You notice that Julia's arm has been splashed with grease, blisters are developing, and it is becoming red and mottled. What type of burn is this, and how would you treat it?

Second degree burn.
Immerse in cold water until pain subsides.
Sterile dressing.

16. After first aid procedures have been implemented for an accident or injury that does not require physician treatment, and the situation is under control, what follow-up steps should be taken for reporting and documenting the accident or injury? ^{Notify health services professionals immediately}

Complete accident or incident report.
Call appropriate authorities.

17. Identify two sources that you can use to obtain additional first aid information:

first aid manual
Manager

18. Please identify any questions that you have at this time regarding basic first aid:

None at the moment

KNOWLEDGE TESTING

➤ The employee identified above has demonstrated competency (80% +) in completion of the quiz questions. (If not, refer employee to his/her Supervisor.)

[Signature]
Signature of Quiz Reviewer / Designated Coor. or Designated Manager

2/17/20
Date