Owakihi, Inc.

Training Summary Form

I. **Employee:** Yvonne Strong Topic: **CHILDREN'S MENTAL HEALTH 405** Credit Hours: _____

Source: Scott County

II. **Description of Training Content:**

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. **Training Procedures**

Training Format	Instructional Methods	Competency Evaluations
_____ Self Study	_____ Written: _____	X Knowledge Testing (Quiz)
_____ Individualized Training	_____ Oral Presentation and Dialogue	_____ Observed Skill Assessment
_____ Team Meeting	_____ Guided Observation	_____ Other: _____
_____ Owakihi Inservice	_____ Guided Practice	
_____ Other: _____	_____ Other: _____	

IV. **Date(s):** _____ (M/D/Y) Trainer/Position: _____

Time(s): _____ (AM or PM) Trainer Signature: _____

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: _____

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

Self-Test for Children's Mental Health Training (Scott County)

Credit: _____

Employee Name: Yvonne Strong Date of Quiz: _____

1. Name three of the mental health diagnoses discussed.

   Autism, Depression and ADHD

2. Autism is a Neurologically based disorder of development.

3. One in five teens has this disorder - Anxiety

4. Threats of suicide have three of the five "dos". Name them: Know who to call, How to intervene, always take seriously

5. Name two diagnoses depression can present with: Anxiety and PTSD.

6. Many of the symptoms of Anxiety can be mistaken for depression.

7. Most foster children have extreme or layered Trauma.

8. A child develops Coping Skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

   Stay Calm, Find the Time, Have a plan for the meltdown

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first 3 years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

    been the Abuser and responsible for all pain the child feels.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long permanent disability.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

    School, Social Services and Mental health provider

Yvonne Strong — Staff signature

6-4-20 — Training Date

11 Am - 12 Am — Training Times