

Beacon Specialized Living Services
Training Summary Form

I. Employee: Kayla Benz Topic: CHILDREN'S MENTAL HEALTH SYSTEM & CTSS 201 Credit Hours: 1.6

II. Description of Training Content: Overview of the federal CASSP and Comprehensive Health Services Plan Act, including values and principles for care of children with emotional disturbance. Review of the Minnesota Comprehensive Children's Mental Health Act, including eligibility and funding for services. Description of services and supports, including mental health collaboratives, and how they are organized and integrated into care planning. Description of the CTSS provider certification and its relevance. Discussion of The Common Link's framework for providing mental health services, including its job descriptions.

III. Training Procedures:

Training Format	Instructional Methods -CASSP outline-Pre-service Require.	Competence/Mastery*
<input checked="" type="checkbox"/> Self Study	Written:- CMH Job Descriptions (4)	<input checked="" type="checkbox"/> Quiz
<input type="checkbox"/> Individualized Training	Audio Tape:	<input type="checkbox"/> Training Competency Form
<input type="checkbox"/> Supervisory Meeting	Video Tape:	<input type="checkbox"/> Video Tape:
<input type="checkbox"/> Team Meeting	Oral Presentation and Dialogue	<input type="checkbox"/> Other:
<input checked="" type="checkbox"/> Owakihi Inservice	Guided Observation	
<input type="checkbox"/> Other:	Guided Practice	
	Other:	

*Attached documentation required

IV. Date(s): 6/16/20 (M/D/Y) Trainer/Position: James West/DC

Time(s): (AM or PM) Trainer Signature: [Signature]

Location(s): Blaine (Terrace) Employee Signature: Kayla Benz

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

Self-Test for Children's Mental Health Training Credit: _____
(Scott County)

Employee Name: _____ Date of Quiz: _____

1. Name three of the mental health diagnoses discussed.

Depression, anxiety and ADHD

2. Autism is a neurologically based disorder of development.

3. One in five teens has depression.

4. Threats of suicide have three of the five "dos". Name them: Call for help, Intervene,
take it seriously

5. Name two diagnoses depression can present with: anxiety and PTSD.

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered trauma.

8. A child develops coping skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay calm, have a plan, get some history

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during middle school years.

11. Attachment patterns are formed in the first three years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

abandoned them and lied to child.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long prognosis.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

School, social services and Doctor

Kayla Meme
Staff Signature

6/10/20
Training Date

Training Times