

## Training Summary Form

I. **Employee:** Melanie McAfee      Topic: FETAL ALCOHOL SPECTRUM DISORDER 425      Credit Hours 0.5 hrs

II. **Description of Training Content:**

Review and instruction on materials regarding Fetal Alcohol Syndrome Disorders (FASD). Includes description of signs and symptoms of FASD, factors that impact FASD, associated performance problems, intervention methods for risk reduction, and treatment strategies. Also includes resources including websites.

III. **Training Procedures**

**Training Format**

- Self Study
- Individualized Training
- Team Meeting
- Owakihi Inservice
- Other: \_\_\_\_\_

**Instructional Methods**



- Written: See above
- Video/DVD: \_\_\_\_\_
- Oral Presentation and Dialogue
- Guided Practice
- Other: \_\_\_\_\_

**Competency Evaluations**

- Knowledge Testing (Quiz)
- Observed Skill Assessment
- Other: \_\_\_\_\_

IV. **Date(s):** 5/11/20 (M/D/Y)  
**Time(s):** \_\_\_\_\_ (AM or PM)

Trainer/Position: James West / DC  
 Trainer Signature: [Signature]

***I understand the information I received and my responsibilities for implementation with this company and persons served.***

Employee Signature: Melanie McAfee      05-11-2020

# Training Module 425 Quiz FETAL ALCOHOL SPECTRUM DISORDERS (FASD)

EMPLOYEE NAME: Melanie McCarthy DATE OF QUIZ: 5-11-2020

Directions: Upon completion, please return the completed quiz and attached Training Summary Form to your Designated Coordinator (DC) or Designated Manager (DM) for review and approval.

1. Fetal alcohol syndrome (FAS) is a condition that results from prenatal alcohol exposure during pregnancy.
2. Place a check next to the following statements which are true about fetal alcohol syndrome:
  - a.  FASD is preventable.
  - b.  FASD is a lifelong disability.
  - c.  A stable, nurturing home is the single most important factor in protecting children with FASD from later problems including drug abuse, dropping out of school and encounters with the juvenile justice system.
  - d.  Traditional interventions do not work with FASD youth who cannot associate a consequence with a behavior.
3. The Mayo Clinic article identifies several signs of fetal alcohol syndrome. List three signs:
  - a. Poor Coordination
  - b. learning disorders
  - c. mental Retardation & delayed development
4. According to the MN Adopt Fact Sheet, five strategies to keep in mind when working with children and adolescents with FASD are:
  - a. Concrete information
  - b. consider poor behavior as a physically based unmet need
  - c. maintain consistency
  - d. use repetition
  - e. maintain stable routines
5. a. Please identify any questions that you have at this time regarding FASD:
 

\_\_\_\_\_
- b. Identify 2 agency resources that you can use for more information and/or consultation:
 

1) DC 2) DM

### KNOWLEDGE TESTING BY TRAINER

➤ Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s) \_\_\_\_\_

➤ The employee identified above has demonstrated competency in completion of the quiz questions.

Signature of DC or DM

Date

5/11/20