

Owakihi, Inc.  
**Training Summary Form**



I. **Employee:** Sophya Taylor **Topic:** BASIC FIRST AID / SIGNS & SYMPTOMS 130 **Credit Hours:** \_\_\_\_\_

II. **Description of Training Content** – Basic first aid including signs and symptoms of illness

III. **Training Procedures**

<u>Training Format</u>	<u>Instructional Methods</u>	<u>Competency Evaluations</u>
Self-study	<input checked="" type="checkbox"/> Written: First Aid Curriculum	<input checked="" type="checkbox"/> Knowledge Testing (Quiz)
Individualized Training	<input type="checkbox"/> DVD: First Aid (American Red Cross)	<input type="checkbox"/> Observed Skills Assessment
Owakihi Inservice	<input type="checkbox"/> Oral Presentation and Dialogue	

IV. **Date(s):** 6/17/20 **Trainer/Position:** [Signature]  
**Time(s):** \_\_\_\_\_ **Approval Signature:** [Signature]  
**Location(s):** (AM or PM) Kape **Employee Signature:** [Signature]

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

88.89%

Training Module 130 Quiz  
Basic First Aid  
Signs and Symptoms

SCANNED  
6/17/20

Employee Name: Safiyah Tajudeen

Date of Quiz: 6/17/20

Directions: Upon completion, return the quiz and attached Training Summary Form to your supervisor for review.

Complete the questions below after viewing the DVD First Aid (American Red Cross):

- There are two categories of first aid treatment:
  - Minor Injuries that do not require emergency medical assistance
  - Temporary Aid to stabilize the victim until professional medical assistance arrives
- (Select all that apply) When you become aware of an emergency situation, take the following actions:
  - Remain calm
  - Assess the situation for further risks to yourself and others
  - Administer first aid
  - Contact emergency assistance, if necessary
- (Select one response) When phoning 911 for help, you should stay on the phone with the dispatcher until:
  - The advanced medical team arrives
  - The dispatcher tells you it is okay to hang up (the caller is the last person to hang up)
  - The injured person's supervisor is notified.
- Checking the victim's vital body functions can be accomplished by what is commonly referred to as the ABCs. What does ABC stand for?
  - ~~Airway, breathing, consciousness~~
  - ~~Airway, blood pressure, circulation~~
  - Airway, breathing, circulation
- When the victim is unconscious, you should first:
  - Check if the victim has a bracelet, necklace, or card identifying any medical condition that may have caused the current situation
  - Check around the area to see if anyone knows what happened
  - Survey the scene for possible causes
  - Make sure the area is secured
- You should never move a victim unless his or her life is in danger.  
TRUE  or FALSE \_\_\_\_\_
- An injured person is becoming pale, cold, and sweating. These can be symptoms of shock. What is the appropriate treatment?
  - Give the person a drink of water
  - Help the victim lie down and keep warm covering with a blanket
  - Leave the area so the victim can rest

Complete the questions below after reviewing the First Aid/Signs & Symptoms curriculum

8. List first aid priorities.

- Stop a rescue
- Control Severe bleeding
- Ensure airway and give CPR as necessary
- Treat POISONING or ingestion of harmful chemical
- Call 911 if life threatening situation occurs

9. A service recipient comes to you holding her left arm which is bleeding from a laceration above the elbow. What are the first steps you take to control the bleeding?

I would stop the bleeding by applying pressure with a very thick pad of cloth or my hand to stop the bleeding stops. I would squeeze the brachial artery with my fingers

10. Ima Hurt has been stung by a bee on her left calf. Upon examination you are able to see the stinger is still present. Describe your treatment and aftercare for this injury.

I would remove the stinger by scraping it, then apply ice for pain and swelling. Wash wound and cover, another would water for allergic reaction.

11. Jill Jackson comes in from a long winter walk. She appears very lethargic and is complaining of a headache. Her skin appears pale, and is clammy to the touch. Based on this information, which of the following conditions would you suspect?

- Hypothermia
- Heat exhaustion
- Heat stroke
- Frostbite

12. Describe your actions in treating the condition identified in question #11 (above):

I would give 1/2 glass of water and 1 tsp of salt every 15 minutes over 1 hr period, would have her lay down and raise 8-12 inches and apply cool clothes

13. Julia Kidd is assisting you in preparing dinner when her hand is scalded with hot water. What is your initial action?

would immerse her hand in cold water until the pain subsides.

14. During a picnic, Darrell and Frank are playing catch with a softball. Frank misses the ball and it smacks him in the nose. Frank's nose begins to bleed profusely shortly after the impact. What do you do for Frank?

Would apply direct pressure by firmly pinching both nostrils shut with thumb and forefinger, make him sit down and lean forward. Would keep pinching for at least 10 minutes until bleeding stops.

15. You notice that Julia's arm has been splashed with grease, blisters are developing, and it is becoming red and mottled. What type of burn is this, and how would you treat it?

This is a degree burn.  
- I would immerse it in cold water until the pain subsides.

16. After first aid procedures have been implemented for an accident or injury that does not require physician treatment, and the situation is under control, what follow-up steps should be taken for reporting and documenting the accident or injury?

I would notify supervisor or the legal representative and also complete an incident report.

17. Identify two sources that you can use to obtain additional first aid information:

First aid instructor  
Owakihi Nurses.

18. Please identify any questions that you have at this time regarding basic first aid:

Nil

KNOWLEDGE TESTING

- The employee identified above has demonstrated competency (80% +) in completion of the quiz questions. (If not, refer employee to his/her Supervisor.)

Signature of Quiz Reviewer / Designated Coor. or Designated Manager

Date

4/22/20