



Owakih, Inc.
Training Summary Form

I. Employee: ~~May 18 2020~~ *Nuh Aden* Topic: OMBUDSMAN ALERT SUMMER 215 Credit Hours: _____

II. Description of Training Content Review and instruction on the 2014 Ombudsman Summer Alerts. Topics include the following:
Cover Letter 2018 with MedWatch Safety Alerts; Summer Alert; Heat Stroke Alert; Water Safety Alert; Insect Sting Alert; Metabolic Syndrome Update; and Suicide Prevention Resource List.

III. Training Procedures

<u> </u> X Self Study	<u> </u> X Written: See above	<u> </u> X Knowledge Testing (Quiz)
<u> </u> Individualized Training	<u> </u> Video Tape:	<u> </u> Observed Skill Assessment
<u> </u> Supervisory Meeting	<u> </u> Oral Presentation and Dialogue	<u> </u> Other: _____
<u> </u> Owakih Inservice	<u> </u> Other: _____	

IV. Training Dates and Times

Date(s): 5/18/20 Trainer/Position: see above

Time(s): _____ Approval Signature: _____

Location(s): Kuppe Employee Signature: _____

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

SCANNED

May 18, 20

Training Module 215 Quiz
Ombudsman Summer Alert

Employee Name: Allen, Nrvh

Date of Quiz: _____

Directions: Upon completion, please return the quiz and attached Training Summary Form to your supervisor for review and signature.

Complete the statements below by filling in the blanks

1. Identify 3 factors that may cause added risk of heat stroke for persons with mental health and/or chronic dependency issues and developmental disabilities.

- a. b/c they may take meds that inhibit perspiration
- b. b/c of being reluctant or unable to drink adequate amount of fluids
- c. b/c of incapacity to make decision that would reduce the risk

2. List 3 precautions that you will use this summer with service recipients to reduce the risk of heat stroke:

- a. keep environment cool
- b. know what meds put clients at risk
- c. encourage non-caffeinated soda at meals

3. Basic water safety tips include the following:

- a. Check water and weather conditions upon arrival and during the swimming outing.
- b. Never swim alone.
- c. Swim in areas supervised by lifeguards.
- d. When overheated, swimming is a good way to cool off.
- e. All of the above

4. Describe 2 precautions that help to prevent insect stings:

- a. Check building for holes for insects can get in
- b. Apply insect repellent when possible

6. Metabolic syndrome is the term used for a group of risk factors that occur together and increase the risk for coronary artery disease, stroke, and type 2 diabetes.

7. True OR False - All of the risks for metabolic syndrome are related to obesity.

8. True OR False - Several of the suicide prevention contacts listed on the Suicide Prevention Resource List provide educational materials and toolkits in addition to operating helplines.

9. Identify 2 sources of information available to staff for protecting the health and safety of people they support:

- a. CDC
- b. DHS

THIS SECTION TO BE COMPLETED BY QUIZ REVIEWER

> The employee identified above has demonstrated competency in completion of the quiz questions.

Signature of Quiz Reviewer

Date

5/18/20