SCANNED 6/22/20

Owakihi, Inc.

Training Summary Form

I. **Employee:** Aden, Nuh Topic: **OMBUDSMAN WINTER ALERTS 220** Credit Hours: _____

II. Description of Training Content

Review and instruction on the Ombudsman Winter Alerts and Medical Alerts. Topics include the following:

- Winter Letter
- Winter Alert
- Hypothermia Alert
- Frostbite Alert
- Windchill Chart

III. Training Procedures

Training Format	Instructional Methods	Demonstrated Competency
____ Self Study	X Written: See above	X Knowledge Testing (Quiz)
____ Team Meeting	____ Oral Presentation and Dialogue	____ Other: _____

IV. **Date(s):** 5/18/20 (M/D/Y)

Time(s): _____ (AM or PM)

Location(s): Kape

Trainer/Position: ~~See Above~~ Kappe DC

Approval Signature: [signature]

Employee Signature: [signature]

10090

SCANNED 6/22/20

Ombudsman WINTER ALERT 220 Quiz

EMPLOYEE NAME: Adn, Nvh **DATE OF QUIZ:** May 18, 2020

Directions: Upon completion, return the quiz and Training Summary Form to your supervisor.

Complete the statements below by filling in the blanks

1. After reading the "Winter Alert", identify three precautions that you will use this winter to help the persons you serve from getting **communicable diseases**:
   a. Reg clean & disinfect articles touched by many ppl
   b. encourge careful & frequent hand washing
   c. Get ~~ready~~ a flu Shot
2. Basic tips for **winter travel** include the following:
   a. Know what the weather forecast is
   b. Keep a winter survival kit in your vehicle
   c. Winterize your vehicle.
   d. Always wear your seat belt.
   e. All of the above
3. Warning signs and symptoms of **mild hypothermia** include:
   a. pale & cold skin
   b. uncontrollable shivering
   c. weakness & loss of coordination
4. **True *or* False** Second and third degree frostbite need to be reported to the Office of the Ombudsman for Mental Health and Developmental Disabilities as a serious injury.
5. According to Medical Alert on **Choking**: When a person chokes, be prepared to perform the Rescue breathing or CPR.
6. Identify at least 3 first aid recommendations in the event of a **seizure,** as cited in the Seizure Alert:
   a. Keeping person safe
   b. Clear Area
   c. loosen anything around neck
7. Identify 2 **sources of information** that staff can access to protect the health and safety of persons served:
   a. CDC b. DHS

KNOWLEDGE TESTING BY QUIZ REVIEWER

- **Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s)** _____
- **The employee identified above has demonstrated competency in completion of the quiz questions.** ***(If not, refer employee to Supervisor.)***

Signature of Quiz Reviewer **Date** 6/22/20