

Owakih, Inc.
Training Summary Form

I. **Employee:** Shawn Mitchell **Topic:** CHILDREN'S MENTAL HEALTH 405 **Credit Hours:** 2.75
Source: Scott County

II. **Description of Training Content:**

Review and instruction on Children and Mental Health. Presented by Deena McMahon, LICSW and sponsored by Scott County foster care. Description of the impact of child development on mental health. Common diagnoses and factors considered when diagnosing. Review of various diagnoses, treatments, and behavioral interventions for autism, depression, anxiety, PTSD, ADHD, ODD, RAD, and FASD. Resources and support for caregivers.

III. **Training Procedures**

Training Format

Self Study
____ Individualized Training
____ Team Meeting
____ Owakih Inservice
____ Other: _____

Instructional Methods

Written: _____
____ Oral Presentation and Dialogue
____ Guided Observation
____ Guided Practice
____ Other: _____

Competency Evaluations

____ Knowledge Testing (Quiz)
____ Observed Skill Assessment
____ Other: _____

IV. **Date(s):** 4-4-20 **Trainer/Position:** _____
(M/D/Y)
Time(s): 530-815 **Trainer Signature:** _____
(AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: Shawn Mitchell

Training hours need to be recorded by employee on corresponding timecard for reimbursement and training documentation purposes. Employees are encouraged to keep a copy of this verification for their personal records.

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IV. **Date(s):** 4-4-20 **Trainer/Position:** _____
Time(s): 5:30-8:15 **Trainer Signature:** _____
(AM or PM)

I understand the information I received and my responsibilities for implementation with this company and persons served.

Employee Signature: Shawn Mitchell

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Self-Test for Children's Mental Health Training Credit: _____
(Scott County)

Employee Name: Shawn Mitchell Date of Quiz: 4-4-20

1. Name three of the mental health diagnoses discussed.

~~Anxiety~~ Autism, culture and Depression

2. Autism is a ~~developmental~~ based disorder of development. neurologically

3. One in five teens has Depression.

4. Threats of suicide have three of the five "dos". Name them: take it serious, Call 911,
Mean business

5. Name two diagnoses depression can present with: Anxiety and PTSD.

6. Many of the symptoms of anxiety can be mistaken for depression.

7. Most foster children have extreme or layered ~~anxiety~~ trauma

8. A child develops Coping Skills that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

Stay Calm, Get Some history, Encourage the child to have a Buddy

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during Middle School years.

11. Attachment patterns are formed in the first 3 years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

~~They had been the abuser~~ They had been the abuser and They had lied to the child

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long Problem.

14. Grief continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's dignity as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

Social Services, School and Doctor

Shawn Mitchell
Staff signature

4-4-20
Training Date

5:30 pm - 8:15 pm
Training Times