



### Training Summary Form

I. Employee: Mervyn Addolorato Topic: OMBUDSMAN WINTER ALERTS 220

Credit Hours: .75

#### II. Description of Training Content

Review and instruction on the Ombudsman Winter Alerts and Medical Alerts. Topics include the following:

- Winter Letter
- Winter Alert
- Hypothermia Alert
- Frostbite Alert
- Windchill Chart

#### III. Training Procedures

##### Training Format

Self Study  
 Team Meeting

##### Instructional Methods

Written: See above  
 Oral Presentation and Dialogue

##### Demonstrated Competency

Knowledge Testing (Quiz)  
Other: \_\_\_\_\_

IV. Date(s): 1/15/2020

(M/D/Y)

Time(s): 9a-10:30am

(AM or PM)

Location(s): NAS Hotel

Trainer/Position: See Above

Approval Signature: \_\_\_\_\_

Employee Signature: Mervyn Addolorato

Ombudsman WINTER ALERT 220 Quiz

EMPLOYEE NAME: Marwa Abdulbaki

DATE OF QUIZ: 3/11/20

Directions: Upon completion, return the quiz and Training Summary Form to your supervisor.

Complete the statements below by filling in the blanks

1. After reading the "Winter Alert", identify three precautions that you will use this winter to help the persons you serve from getting communicable diseases:

- a. Get a flu shot
- b. Don't share drinking glasses
- c. hand wash

2. Basic tips for winter travel include the following:

- a. Know what the weather forecast is
- b. Keep a winter survival kit in your vehicle
- c. Winterize your vehicle.
- d. Always wear your seat belt.
- e. All of the above

3. Warning signs and symptoms of mild hypothermia include:

- a. the very low body core temperature drops below 95°
- b. rate heat loss exceeds - drowsiness
- c. overly tired - confusion

4. True or False Second and third degree frostbite need to be reported to the Office of the Ombudsman for Mental Health and Developmental Disabilities as a serious injury.

5. According to Medical Alert on Choking: When a person chokes, be prepared to perform the

call 911 ~~important~~ that the client receive professional medical

6. Identify at least 3 first aid recommendations in the event of a seizure, as cited in the Seizure Alert:

- a. Fever
- b. anxiety
- c. nausea

7. Identify 2 sources of information that staff can access to protect the health and safety of persons served:

- a. lower the client to the ground
- b. move object that may cause injury

**KNOWLEDGE TESTING BY QUIZ REVIEWER**

➤ Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s) \_\_\_\_\_

➤ The employee identified above has demonstrated competency in completion of the quiz questions. (If not, refer employee to Supervisor.)

Marwa Abdulbaki  
Signature of Quiz Reviewer

3/11/20  
Date