

Owakihi Inc.
Training Summary Form

I. **Employee:** Arub Jensen

NONVIOLENT CRISIS INTERVENTION / CPI 260

Credit Hours: _____

II. **Description of Training Content**

From the CPI model for Nonviolent Crisis Intervention: Review and instruction on how to implement positive support strategies for management of disruptive and assaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. **Instructional Methods**

X **PART I INTRODUCTION** Nonviolent Crisis Intervention

_____ **PART II REFRESHER** Nonviolent Crisis Intervention

IV. **Competency Evaluations**

X **PART I INTRO:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

_____ **PART II REFRESHER:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. **Training Dates and Times, as applicable**

PART I INTRODUCTION CPI

Date: 3/17/2020

Times: _____

Date: _____

Times: _____

PART II REFRESHER CPI

Date: _____

Times: _____

Trainer Signature: Sharon Jensen

Employee Signature: Arub Jensen

Trainer Signature: _____

Nonviolent Crisis Intervention® Training Program

Post-Test

Name Ayub Osman Date 03/17/20
Organization Beacon Specialized Living
Phone 507-351-8874 Email Ayub Osman 17@gmail.com

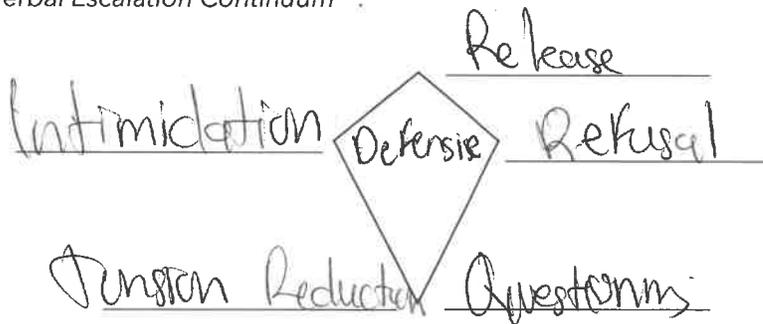
1. Complete the Crisis Development ModelSM.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. Anxious	1. Supportive
2. Defensive	2. Directive
3. Risk behavior	3. Physical intervention
4. Tension Reduction	4. Therapeutic Rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

prevent or de-escalate crisis situation.
- Tone
- Volume
- Compliance

3. Complete the Verbal Escalation ContinuumSM.



4. Describe three reasons you should use the Supportive StanceSM.

- Communicate respect
- Non-Threatening
- Maintain Safety.

Continue on next page.

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

likely → low severity harm
unlikely → high severity harm

6. What are the values that underpin this course?

ICARE
Person a Consent.

7. Postvention is used for:

- a. Staff only.
- b. The individual in crisis only.
- c. Staff and the individual in crisis.