Owakihi Inc.

Training Summary Form

I. **Employee:** Marie Hawksa **NONVIOLENT CRISIS INTERVENTION / CPI 260** Credit Hours: _____

II. Description of Training Content

From the CPI model for Nonviolent Crisis Interventiion: Review and instruction on how to implement positive support strategies for management of disruptive and asaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. Instructional Methods

__x__ **PART I INTRODUCTION** Nonviolent Crisis Intervention

_____ **PART II REFRESHER** Nonviolent Crisis Intervention

IV. Competency Evaluations

__x__ **PART I INTRO:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

_____ **PART II REFRESHER:** Cerificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. Training Dates and Times, as applicable

PART I INTRODUCTION CPI Date: 3/17/2020 Times: _____

Date: _____ Times: _____

PART II REFRESHER CPI Date: _____ Times: _____

Trainer Signature: _____ **Employee Signature:** _____

Trainer Signature: _____

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Nonviolent Crisis Intervention® Training Program

Post-Test

Name Marie Hovarka Date 3/17/20

Organization Beacon specialized living

Phone _____ Email _____

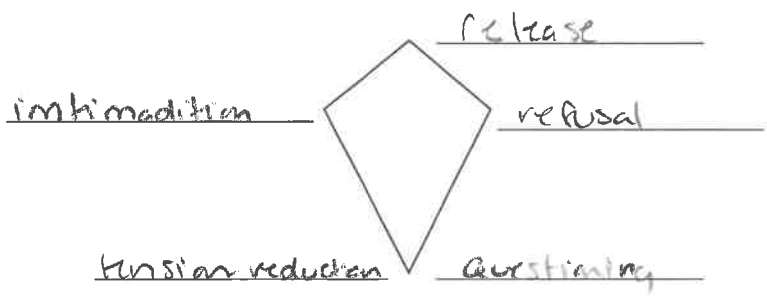
1. Complete the *Crisis Development Model*℠.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. anxiety	1. supportive
2. dentensive	2. Directive
3. risk behavior	3. physical intervention
4. tension	4. therapic rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

to do better with calming down clients

3. Complete the *Verbal Escalation Continuum*℠.



4. Describe three reasons you should use the *Supportive Stance*℠.

- easier to block if they come at you
- you can still see them but can leave them
- Maintain safety

Continue on next page.

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

   - what the severity is
   - if it might occur agian

6. What are the values that underpin this course?

   Safty, respect,
   Person centered

7. Postvention is used for:
   a. Staff only.
   b. The individual in crisis only.
   c. Staff and the individual in crisis.

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