Owakihi Inc.

Training Summary Form

I. **Employee:** Amina Ali **NONVIOLENT CRISIS INTERVENTION / CPI 260** Credit Hours: 5

II. Description of Training Content

From the CPI model for Nonviolent Crisis Interventiion: Review and instruction on how to implement positive support strategies for management of disruptive and asaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. Instructional Methods

X **PART I INTRODUCTION** Nonviolent Crisis Intervention

_____ **PART II REFRESHER** Nonviolent Crisis Intervention

IV. Competency Evaluations

X **PART I INTRO:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

_____ **PART II REFRESHER:** Cerificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. Training Dates and Times, as applicable

PART I INTRODUCTION CPI Date: 3/3/2020 Times: 9AM - 2PM

Date: _____ Times: _____

PART II REFRESHER CPI Date: _____ Times: _____

Trainer Signature: [signature] **Employee Signature:** [signature]

Trainer Signature: _____

All rights reserved.
Copying prohibited.

Nonviolent Crisis Intervention® Training Program

Post-Test

Name Amina Ali Date 03/03/2020.

Organization

Phone Email

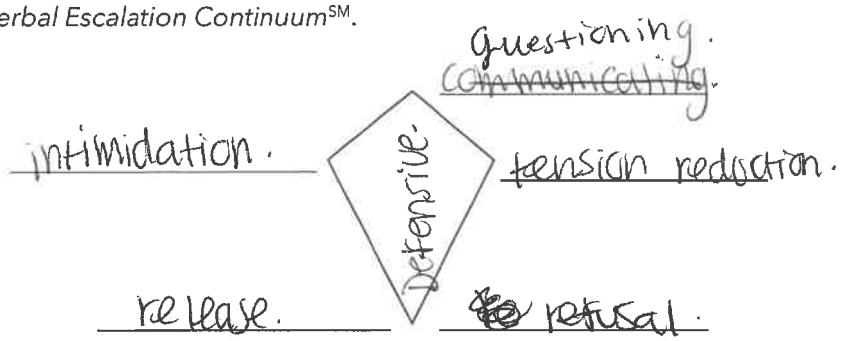
1. Complete the *Crisis Development Model*℠.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. Anxiety.	1. Be Supportive.
2. Defensive.	2. ~~take control~~ Directive.
3. risk behavior.	3. Physical intervention.
4. tension reduction.	4. therapeutic rapport.

2. What is the value of learning the four levels and corresponding staff attitudes?

• to know/find ways to help de-escalate a crisis while being person centered.

3. Complete the *Verbal Escalation Continuum*℠.



4. Describe three reasons you should use the *Supportive Stance*℠.

• you can react better.

• less confrontational.

• More safe.

Continue on next page.

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

- to determine the severity.
- to determine how likely it is to occur.

6. What are the values that underpin this course?

- Being person-centered.
- using nonviolent approaches when in a crisis.

7. Postvention is used for:
   a. Staff only.
   b. The individual in crisis only.
   c. Staff and the individual in crisis.

Workbook ID: NE6CE690